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COHASSET MARINER

Friday, January 16, 2015

Cohasset.WickedLocal.com

Vol. 36, No. 4 ■ \$2

WHAT'S INSIDE

TOWN MANAGER:

PAGE A2



By Erin Dale

edale@wickedlocal.com

It's the time of year when many resolve to get into better shape - and for town officials, that includes town finances.

Cohasset received a good report on its fiscal health during Tuesday night's Board of Selectmen meeting, between the Comprehensive Annual Financial Report (CAFR) on an audit for fiscal year 2014 and a six-month budget review of the current fiscal year 2015.

"Overall, the town's in good fiscal shape as we enter the New Year," said Town Manager Chris Senior.

Officials also took a look

into the future, with an update on the FY16 budget development. The FY16 budget will be voted on at the May Annual Town Meeting.

According to auditor Jim Powers of the firm Powers

& Sullivan, who presented the CAFR to the selectmen on Tuesday, the town is in good fiscal shape. The document contains "management discussion and

SEE FINANCES, A15

PICTURE THIS

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GIMME SHELTER

PAGE B1



WRESTLING

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OUTDOOR ICE

COMING IN PRINT

PHOTO GALLERY:
Martin Luther King Day
Breakfast

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02

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Finances 'in good shape'

CABLE STARS



Current and former Cohasset High School students have taken advantage of having a TV studio in the school. From left to right: Bobby Nahill, Andrew Fewsmit, Colin Bell, Anthony Nahill, Sami Mushin, Dan Toomey, Christian Cunnie, and CCTV program director Don Roine. PHOTO/ERIN DALE

CHS students learn broadcasting basics

By Erin Dale

edale@wickedlocal.com

If you watch Cohasset's cable access channel, you may have already caught a glimpse of tomorrow's broadcasting stars.

With the town's cable TV station located inside the Cohasset High

School library, students have the opportunity to learn the ropes of the broadcasting world, getting both an education and real-world work experience - right in their own school.

"It's a good way to get your feet wet," said Anthony Nahill, a 2013 CHS graduate who is now in his

sophomore year at the University of Massachusetts at Amherst. "You learn things that [most] people learn their sophomore year of college."

Since its launch in 2012, the Cohasset Community Television (CCTV) studio and its

SEE CABLE, A10

UPDATE

Chief search \$13.7K

Police position has been posted

By Erin Dale

edale@wickedlocal.com

The search for Cohasset's next Chief of Police is underway, with a police recruitment firm hired to oversee the search. The position was posted last week.

Last week, Town Manager Chris Senior introduced Steve Unsworth of BadgeQuest, the consulting firm the town hired to administer the search, at the Board of Selectmen's meeting.

Senior said this week that the search is costing the town \$13,700.

Cohasset has been without a permanent chief since March 2012, when then chief Mark DeLuca was suspended and Deputy Chief William Quigley was appointed Acting Chief.

Now Unsworth, 70, leading the way on what he said would be his last police chief search, since he sold his company to Robert Pomeroy of Plymouth. So far, BadgeQuest consultants worked with Senior to create the job description and post the job; next, they will collect

SEE CHIEF, A15

UPDATE

Important job openings at Town Hall now up

By Erin Dale

edale@wickedlocal.com

As Cohasset launches a search for a permanent Police Chief, there are a few other top roles that need filling.

Both the Health Agent and Chief Technology Officer jobs have opened up. Town Manager Chris Senior reported during the Tuesday, Jan. 13 Board of Selectmen meeting that he is ready to start advertising

The town manager said he will post the CTO job next week and hopes to get both a new IT director and health agent "in place by spring."

these positions.

The health agent position, temporarily being filled by interim Jennifer Sullivan of Braintree, should be posted within the next two weeks, said Senior. Sullivan served Scituate in the same roll for 27 years her retirement

earlier this year.

"We're moving on the job description for that position and hope to get it on the street."

Former Board of Health Agent Felix Zemel resigned his position in November after two years on the job.

Cohasset's CTO Rob Bonnell, who started in July 2012, recently announced plans to leave his position on or before the end of his employment contract, which is up this June. Senior said Tuesday that Bonnell "will wrap up with us by the end of the month."

The town manager said he will post the CTO job next week and hopes to get both a new IT director and health agent "in place by spring."

In the meantime, Senior

said the town will rely on "outside services" to provide IT assistance. The town manager met with the Advisory Committee to "release some money" to expend on IT.

Since the CTO position is split between both Town Hall and the schools, Senior said that he is working with Superintendent Barbara Cataldo on a succession plan.

Look for more on this issue in an upcoming edition of the Mariner.

Countertop Event Saturday Jan. 24

10 am - 3 pm

(Save the date!)

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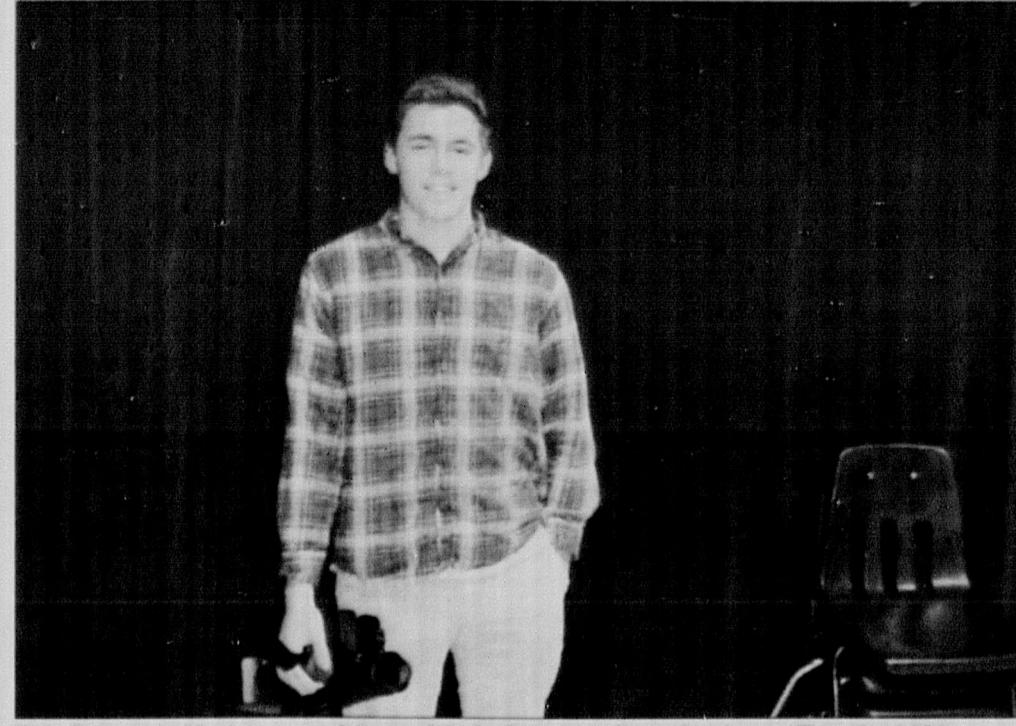
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PICTURE THIS



The Cohasset Mariner caught up with CHS senior Cole Morrison, 17, in the 143tv studio this week. If you see Cole around town, be sure to mention that you spotted him in Picture This! PHOTO / ERIN DALE

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 PHOTOS: Pond skating



 VIDEO: Dishing It Out at the Quarry in Hingham

 BLOG: WILD ABOUT BIRDS
Pam French, owner of Wild Birds Unlimited, has the word on birds.

 HOW TWEET IT IS
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 MOST POPULAR STORIES

- Red Lion Inn wants OK for outdoor weddings
- Citizen of the Year nominations sought
- OPEB: Moving retirees to other health plan
- New Year's Eve party ends with three arrests
- ZBA: Lamppost dispute lights up

Cole Morrison

Name: Cole Morrison
Occupation: Lifeguard, student athlete (basketball, soccer, and track), producer and anchor at 143 TV.
Best day of your life: Getting accepted to Babson College.
Best vacation: Hilton Head Island, SC.
Favorite season: Summer.
Favorite holiday: St. Patrick's Day.
Favorite meal: White Bag

Special from Victoria's Sub Shop.
Best book: "Catcher in the Rye."
Best movie or actor: "Good Will Hunting."
Best TV show: "Silicon Valley" or "True Detective."
Best music, group or artist: Jon Bellion.
Pet peeve: "The sound people make when they swallow water."

Most embarrassing moment: "Falling on my face in the state finals for hurdles."
Person you would most like to meet: Ronald Regan.
Goal: "To win a State Championship in Track and Field this year."
Biggest worry: "Not winning a State Championship in Track and Field this year."
Best part of Cohasset: CHS Boys Soccer.

COHASSET ELDER AFFAIRS

Downton Abbey showings to start

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs at 781-383-9112 if interested in attending events and activities or for more information.

COHASSET SENIORS: Call Cohasset Elder Affairs at 781-383-9112 to schedule a free safety evaluation of one's home conducted by representatives of Elder Affairs, the Cohasset Fire Department and the Board of Health. Minor improvements (installation of smoke or CO2 detectors, batteries, bathmats, etc.) will be provided free of charge.

■ Monday, Jan. 19, Martin Luther King Day. CEA offices closed.

■ Friday, Jan. 23, by appointment. Dental hygienist Emma Lawson will be at the center to provide dental screening and cleaning for a low cost of \$70, or Mass Health accepted. Appointments scheduled between 9 a.m. and noon. Call CEA to reserve a spot.

■ Friday, Jan. 26, 1 to 3 p.m. Paint Party. Bring out one's inner artist while painting a winter harbor scene. No experience necessary for this casual paint gathering. Registration required. Cost is \$5.

■ Wednesday, Jan. 28, 11 a.m. Fear of Losing Independence, presented by Hahn Home Healthcare. Jennifer Nosalek will talk about how to balance what everyone wants with what they may need. Those who are interested are welcome to stay for lunch after the program.

■ Mondays, Starting Feb. 2, at noon. Downton Abbey. Are you wondering what all the conversation is about? We will show this acclaimed PBS series, beginning from season one through season four. Two episodes each week (with the exception of 1/26). Bring your own lunch.

Ongoing Programs:

Line Dancing: Tuesdays, 1:30 to 2:30 p.m. Three North Main Street. Beginner

to Beginner plus. Helps posture and balance, improves memory skills and confidence. Drop-ins welcome. \$5.

SIT TO GET FIT: Thursdays, 10 to 11 a.m. Improve upper and lower body strength, flexibility and coordination from the comfort of your chair. \$5.

SECOND FRIDAY BOOK CLUB: 10:30 a.m. to 12:30 p.m. Discussion, coffee and refreshments. Addie McGrath and Sandra Murray, leaders.

KNITTING: Fridays from 1 to 3 p.m. Drop in. Learners are welcome. Edna Finegan, leader. \$3.

Transportation

Cohasset Elder Affairs offer door-to-door van service to the following:

■ Around Town Route 3A: Mondays, 1 to 3 p.m. Stops, as requested, at Buttonwood Books, Supercuts, Bank of America, Rockland Trust, Walgreen's, CVS, Hingham Lumber, Old Colony shops, Aubuchon, etc.

■ Shaw's: Tuesdays, at 1

p.m.

■ Cohasset Train Station: Wednesdays, drop off for 9:04 a.m. train; pickup for 3:08 p.m. return.

■ Wal-Mart/Hanover Mall: Wednesdays, at 9:30 a.m., return at 11:30 a.m.

■ Around Town (downtown Cohasset): Thursdays, 9:30 a.m.

■ Stop & Shop: Fridays, 9:30 a.m.

■ Trader Joes/Marshall's: Second Friday of the month, 9:30 a.m.

■ Derby Street Shoppes: Third Friday of the month, 9:30 a.m., return 11:30 a.m.

■ Christmas Tree Shop: Fourth Friday of the month: 9:30 a.m.

Call 781-383-9112 at least 24 hours in advance for transportation. For out-of-town trips, a voluntary donation of \$5 is requested.

Cohasset Elder Affairs

Lunch Program: Lunches provided by celebrity chefs and local restaurants, at noon, on Tuesdays, Wednesdays and Thursdays. Call 24 hours ahead for reservations and/or transportation.

South Shore Tide Chart

COHASSET HARBOR (WHITE HEAD)

JAN. 2015	HIGH				LOW				SUNRISE	SUNSET
	AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.		
Thursday 15	6:19	8.5	6:51	7.7					7:09	4:35
Friday 16	7:12	8.9	7:47	7.9	12:50	1.1	1:31	0.5	7:09	4:37
Saturday 17	8:05	9.3	8:42	8.3	1:44	0.8	2:25	-0.0	7:08	4:38
Sunday 18	8:57	9.8	9:35	8.7	2:37	0.4	3:17	-0.6	7:08	4:39
Monday 19	9:48	10.3	10:25	9.2	3:29	-0.1	4:07	-1.1	7:07	4:40
Tuesday 20	10:38	10.7	11:15	9.6	4:20	-0.6	4:57	-1.6	7:06	4:41
Wednesday 21	11:29	11.0			5:11	-0.9	5:46	-1.9	7:06	4:43
Thursday 22	12:04	9.9	12:20	11.0	6:02	-1.2	6:35	-2.0	7:05	4:44

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

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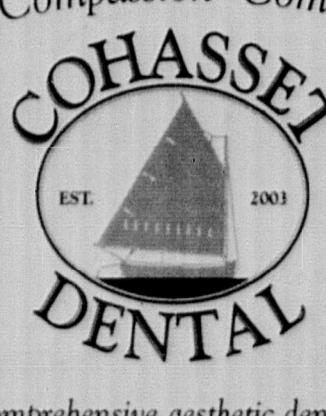
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POLICE BEAT

Chain-reaction crash at MBTA Route 3A lights

By Mary Ford
mford@wickedlocal.com

3-car MVA

Police responded to a three-car, chain-reaction accident at the lights by the MBTA station on Chief Justice Cushing Highway (Route 3A) on Thursday (Jan. 8) around 7 p.m. All three cars were headed south on the highway.

A 2006 Volvo, operated by a 48-year-old Cohasset man, had stopped at the red light, as did a 2005 Audi A4, operated by a 53-year-old Cohasset woman, who had stopped behind the Volvo. A 2004 Volkswagen Jetta, operated by a 49-year-old Scituate man, who was traveling behind the Audi did not stop. He hit the Audi which then hit the Volvo.

The Audi and Volvo were both towed; there were no injuries. The driver of the Volkswagen was cited for following too closely on a state highway. He told police he was momentarily distracted before running into the back of the Audi.

Deer vs. MVA

Police again responded to motor vehicle accidents involving deer over the past week.

At 7:25 a.m. on Monday (Jan. 5), a 41-year-old Scituate man in a 2013 Nissan Murano was traveling on Chief Justice Cushing Highway by Hingham Lumber when he hit a deer that ran off into the woods.

His car had less than \$1,000 damage and was drivable; he was not injured, police said.

On Friday night (Jan. 9) around 11:30 p.m., a 2015 Lexus, operated by a 60-year-old Cohasset man, hit a deer on N. Main Street by Wheelwright Park. There was front-end damage to the Lexus but it was drivable, police said. The operator was not injured and the deer took off.

Parking lot

On Monday (Jan. 5), there was a two-car accident in the parking lot of Tedeschi Plaza. Police said a 70-year-old Scituate woman in a 2013 Acura was traveling properly in the aisle of the parking lot when she was struck by a second vehicle, at 2008 Honda Civic, operated by a 75-year-old Scituate woman, who was cutting

through the lot between the parking spaces. No one was injured and neither car was towed, police said.

Suspicious man

Police were unable to locate a suspicious man in a black hoodie who got out of a black BMW with Massachusetts plates on Summer Street around 5:30 p.m. on Monday (Jan. 5) and tried both the front and back doors of a home before driving off.

Hunting violations

Police have not been able to locate people with flashlights off Sohier Street near the Deer Hill and Osgood schools, who are reportedly hunters. A concerned resident has called several times reporting seeing the flashlights and activity. Police have walked through the woods by the Music Circus, Smith Place and the two schools to no avail.

Skunk hanging out

A skunk has been sighted at the Our World playground behind the library and also on the Town Common. It is unclear if it is the same animal. An officer and the Animal Control Officer observed the skunk at the playground and determined that it was healthy.

Police believe it may be out scavenging for food during the day because it has been so cold.

GPS distraction

An 87-year-old S. Yarmouth woman in a 2006 Nissan Altima was focused on the GPS unit on the dashboard and not the road as she was trying to locate the medical building on Route 3A (Chief Justice Cushing Highway) last week.

A caller notified police about an erratic driver; they caught up with the operator, who was not impaired and explained that she had been looking at her GPS. Police notified the caller who appreciated the follow-up.

Handicap spot

Police educated a resident of Avalon who had parked in the striped safety zone next to handicap parking not to park there. The loading zones are also restricted to allow

a handicap driver or passenger room to exit the vehicle. A caller notified police about the parking violation last Wednesday (Jan. 7).

2-car MVA

There was another accident last week at the tricky Beechwood Street and Chief Justice Cushing Highway (Route 3A) intersection.

A 2012 Ford Explorer was headed west on Beechwood across Route 3A when it was struck by a 2009 Volvo C70 traveling south on 3A that went through the red light, police said.

Both vehicles were towed and the 77-year-old man operating the Volvo was cited for a red light violation. The operator of the Explorer was a 49-year-old Scituate woman. There were no injuries, police said.

Stolen car

A 72-year-old Quincy man who works at a local dealership reported to police on Thursday (Jan. 8) around 5 p.m. that his 2005 Dodge Caravan that he parked there while at work was gone when he went out to head home.

Police entered the vehicle as stolen into their database and the next day the State Police stopped the minivan on Route 3 in Kingston. The operator, Joseph H Kenney, 51, of 77 S. Union St., Lawrence, Mass., was arrested and charged with receiving a stolen vehicle. He was booked at the Norwell barracks and arraigned on the charge at Plymouth District Court. The Quincy man got his van back, police said.

Package stolen

A 48-year-old Cohasset woman, who lives on Jerusalem Road, reported to police on Friday (Jan. 9) that the UPS package she had been tracking had been stolen from outside her home. Inside were two black leather butterfly chairs valued at \$200 each, police said.

Sign stolen

A business on Pleasant Street reported on Saturday that the sandwich-board sign used to advertise the candy shop had been stolen from outside the business. The sign which is 2 feet by 3 feet is valued at \$350.

Hingham

Municipalities that have rights-of-way that were treated in 2014 but may require some touch-up work in 2015:

Hingham

Municipalities that have rights-of-way that were treated in 2014 but may require some touch-up work in 2015:

Cohasset, Hingham, Scituate

Treatment Periods

January 12, 2015-June 1, 2015	June 1, 2015-October 16, 2015	October 16, 2015-December 31, 2015
Cut Stump Treatment	Foliar Treatment	Cut Stump Treatment
Basal Treatment	Cut Stump Treatment	Basal Treatment
	Basal Treatment	

Further information may be requested by contacting (during business hours, Mon-Fri from 8:00 am-4:00 pm): Marciarie Rigby, National Grid, 939 Southbridge Street, Worcester, MA 01610. Telephone: (508) 860-6282 or email: marciarie.rigby@nationalgrid.com

NORFOLK COUNTY

DA identifies challenge of opiate crisis

Norfolk District Attorney Michael W. Morrissey sees substantial challenges ahead as he enters his second four-year term.

"The opiate crisis continues to burn out of control," Morrissey said, after being sworn-in by Secretary of State William Galvin at a Jan. 7 ceremony at Norfolk Superior Court in Dedham.

"In these past four years, we were the first DA's office to push Narcan overdose-reversal kits and training out to every police and fire department, first to provide prescription drug collection containers for every available police station in the county, and the first to visit every drug store in the county to talk to pharmacists about safe prescribing and prescription monitoring," Morrissey said. "We are doing all we can conceive of, but people are still overdosing at an alarming rate. We are

working hard with local police departments and our communities."

In 2013, State Police homicide detectives

each community that did not have one as steps in the right direction during his first term.

The District Attorney will continue to focus on highway-related deaths, striving to prevent impaired driving by working with alcohol servers and establishments, and improving the training and resources available for the investigation and prosecution of motor vehicle homicides.

"This office does not shrink from punishing those who need to be punished, but we also need to use our position and our resources to help those who need to be helped," Morrissey said. "We continue to innovate, improve and strive to be better – and we appreciate all of the police and community partners that provide not only ideas, but their help and assistance in that work."

FIRE DEPT.

Basement fire knocked down Tuesday

On Tuesday (Jan. 13), 2015 at 3:55 p.m. Engine 2 (Captain Trask and FF/Medic O'Neill), Engine 1 (Captain Bilodeau), and Ladder 1 (FF/Medic (Pergola) were dispatched to 11 Stratford Terrace for a reported odor of smoke in the building with the smoke detectors sounding.

While units were responding to the scene the dispatch center paged out a box alarm response for off-duty personnel. No smoke or fire was visible from the exterior of the building when units arrived on scene, and all of the occupants had evacuated the home. Once fire personnel entered the residence they discovered a smoke condition on the first floor and determined that is coming from the basement level of the home.

The fire department then stretched 200 feet of 1-1/4 in. hose to the rear entrance of the basement and discovered the fire, which was then quickly knocked down by an aggressive attack.

Once the fire was knocked down members then became engaged in overhaul and checking for any further extension of the fire. Ambulance 2 (FF/Medics Boudreau and Silva) arrived on scene after clearing the hospital and assisted members in overhaul operations. The cause of the fire is currently under investigation by members of the fire department with assistant from Detective Harrison Schmidt of the Cohasset Police Department.

FF duty members Lt. Durette, Lt. Hernan, FF/Medic Martin, and FF/Medic Nadeau responded back for station coverage and engine from Hull Fire also provided station coverage while units were tied up at the scene. Chief Silvia, Assistant Fire Chief Dockray, and Call FF Maguire assisted members on scene and there were no reported injuries. All units cleared the scene by 6:17 p.m.

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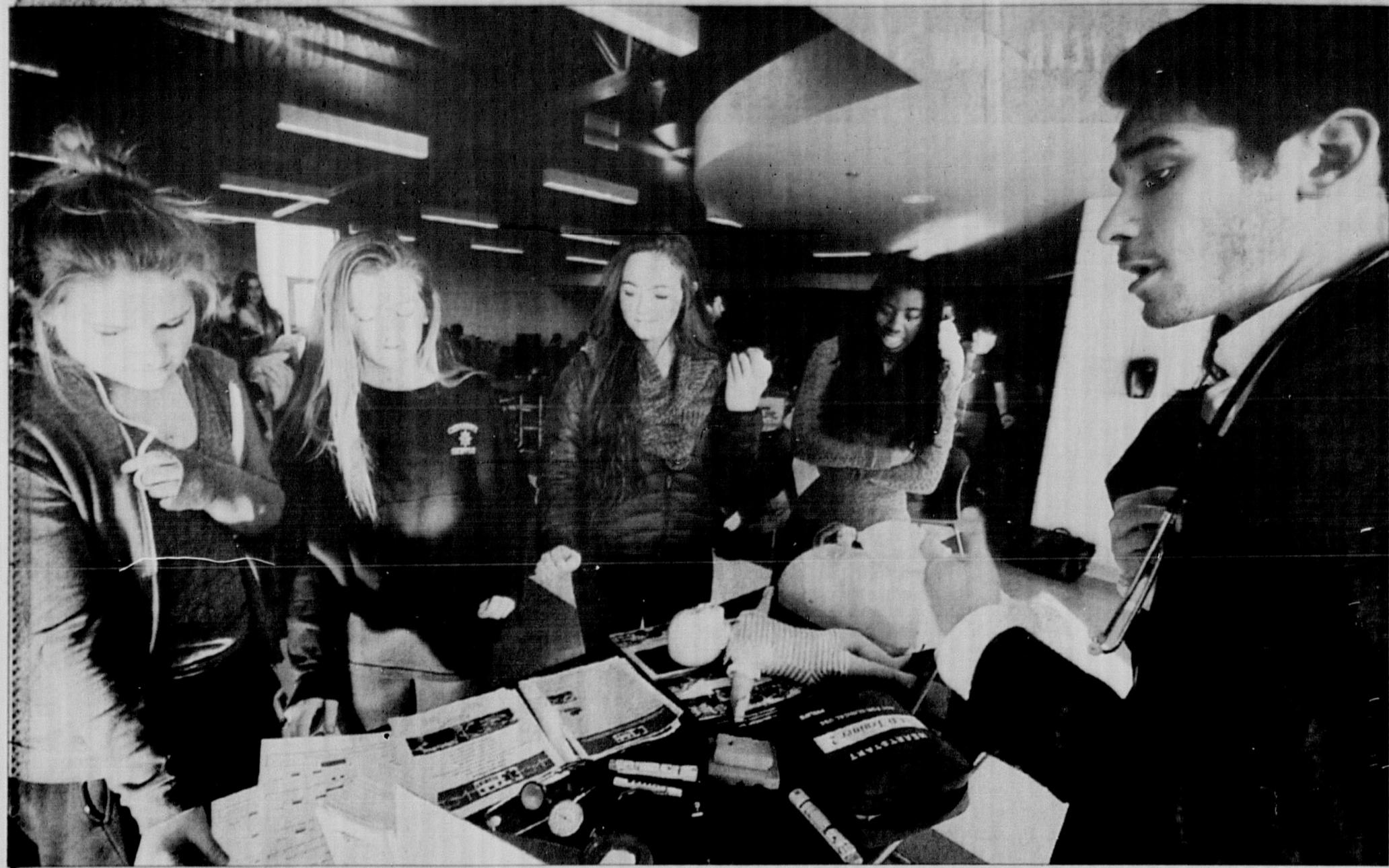
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COHASSET RECREATION DEPARTMENT



EMT Matthew Brooks talks about the EMS Academy to freshmen Emma Loft, Lucy St. Sauveur, Lauren Cuning, and junior Alexandra Lanier during the summer job fair.

Summer Job Fair

On Thursday, Jan. 8th, the Cohasset Recreation Department hosted a Summer Job Fair at Cohasset High School (CHS). The fair was intended to help fill summer employment

jobs while also allowing the students a chance to research and apply on their own. Finding a job and going through the process can be a daunting task for first-timers. This job fair helped make

the experience a positive and educational one.

"My goal is to make this an annual tradition for local employers and prospective employees," says Ted Carroll, Director of

the Cohasset Recreation Department. "It's a way to bring the opportunities directly to the students and make it a little easier for them to secure a great and meaningful summer job."

STAFF PHOTOS BY
ROBIN CHAN



Freshman Thomas Guinee signs up for a summer job at the Cohasset Swim Center while Jeanine Perrone looks on during the Cohasset Recreation Department's summer job fair at the Middle/High School on Thursday, January 8.



EMT Matthew Brooks talks with senior Margaret St. Sauveur about his work during the Recreation Department's summer job fair.



Kelsea Hindley talks to freshmen Colby Litchfield, Jane Greenip, and Jill Forrester about working at the Cohasset Historical Society during the summer.



Jon Belber gives junior Adam Gaime information about working at Holly Hill Farm during the summer job fair at the Middle/ High School.

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DINING

Cohasset couple reopens Boston bistro

Les Zygomatics unveils fresh new look

After 20 popular years, Les Zygomatics has recently undergone a refresh in design and culinary offerings. For decades the eclectic and casual bistro has been a Boston favorite for wine, jazz and French cuisine.

The venue update comes hot on the heels of the recent and successful opening of Bel Ari Italian Modern, its sister restaurant two doors down.

The overhauled concept and design was a collaborative effort by new owners Mark and Mariann Tosi of Cohasset, and Anthony Botta; restaurant ace Travis 'Tbone' Talbot; artist Janice Eve Dale of Cohasset; and all under the guidance of international designer, Caroline Morson of The Morson Collection.

"We were very conscientious to maintain the integrity of the Les Zygomatics the neighborhood has grown to love and been so incredibly loyal to," said Mark Tosi.

Contemporary light fixtures, custom back bar displays, revitalized finishes, a newly incorporated wine room, and a collection of "contemporary realism" artworks by Janice Eve Dale invigorate the space but respect and compliment the traditional charm of a classic Parisian Bistro-Wine Bar-Jazz Club.

The doors opened to friends, family, and the neighborhood in November for a casual viewing and reception. Guests were treated to an assortment of new menu samplings, specialty cocktails and French wines. Live entertainment was performed by the Nick Laudani Band.

General Manager Larry Deslattes assures devotees of the restaurant, "We will continue to be a welcome respite for local musicians, business crowds, and foodies in search of an authentic experience in an inviting atmosphere."

Executive Chef Robert

Fathman remains at the helm crafting traditional French Bistro fare with contemporary twists. Recently applauded for his original offerings at Bel Ari Italian Modern, Fathman hopes to present a menu at Les Zygomatics that garners the same accolades and five star reviews from guests.

"Like at Bel Ari...there is nothing architectural or complicated, just an appreciation for quality ingredients, classic techniques and original surprises."

Some of Fathman's new dishes that will be sampled at the opening include Mouclade mussels steamed in curry with coconut milk, caramelized pineapple and coriander; Coquille St Jaques, with truffled cauliflower cream, lardon and shiitake mushrooms, Escargot with Potato Gnocchi, Lamb Bacon, Enoki Mushrooms and Garlic Cream; Kale Salad with chickpeas, Halumi, Marcona almonds, grapes, sesame seeds, and more.

In addition to great food and ambiance, Les Zygomatics music scene is still alive and well offering live music 5 nights a week with crowd favorites like the Ron Poster Trio, Alex MacDougal and Yoko Miwa and her Trio.

About Les Zygomatics

Since opening in 1994, Les Zygomatics (pronounced lay zee-go-matt, roughly translating to "the muscles in the face that make you smile") has earned a distinguished reputation for its inviting atmosphere, superb cuisine and award-winning wine list. Its large dining area seats 150 people comfortably with seating for 50 guests in the private dining room.

Both lunch (served Monday - Friday) and dinner (served six nights a week) boast a moderately priced menu. The



From left to right: Co-owner Mariann Tosi, Chef Robert Fathman, artist Janice Eve Dale, and co-owner Mark Tosi. THE FACES BEHIND BOSTON'S LES ZYGMATICS RESTAURANT. COURTESY PHOTO

Jazz Club features live jazz and blues performances to accompany your dining experience Tuesday through Saturday evenings. Whether your plans call for an intimate evening for but a few or an uninhibited celebration for many, Les Zygomatics selection of fine wines and exceptional Bistro cuisine await you.

Located at 129 South Street, Boston. For more information call 617-542-5108 or visit www.winebar129.com.

About the Owners

Both Les Zygomatics and Bel Ari Italian Modern are owned and operated by Mark and Mariann Tosi and their partner, Anthony Botta. Tosi is President and co-owner of the Pastene Italian Food family, which celebrates its 140th anniversary this year. Anthony Botta is a journeyman in the world of hospitality beginning his career with nightclub guru Patrick Lyons. Botta spent twelve years working as a food and beverage operations manager at some of the top grossing

casinos, including, Bally's, Rio, Excalibur, Venetian, MGM, and Sahara before becoming the owner of the 90,000 sq. ft. NASCAR Café. Tosi and Botta appreciate the commitment it takes to continue

to cater to a loyal customer base and provide a first class culinary experience. Under their guidance, Les Zygomatics is poised to continue its legacy as the cultural heartbeat of the Leather District.

About the Art

For Les Zygomatics, international artist and Cohasset resident Janice Eve Dale crafted artworks intended to complement the eclectic and sultry vibe of an authentic Jazz Club and Parisian bistro. Her new collection employs a wide range of techniques and stylizations emulating the breadth of diversity within the jazz culture ranging from classical to new age. Janice speaks to the heart of her new body of work an expression of people, personality and distinctly individual connections. The designs oscillate between greyscale and abounding fusions of color, intimating the spectrum of personalities that will frequent the restaurant.



Cohasset residents pose together at the reopening of Boston bistro Les Zygomatics. From left to right, co-owner Mark Tosi, artist Janice Eve Dale, and Frank Neer. COURTESY PHOTO

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Left to right: HGTV star and designer Tanya Nyak, restaurant designer Travis Talbot, artist Janice Eve Dale, and Les Zygomatics owners Mark and Mariann Tosi. COURTESY PHOTO

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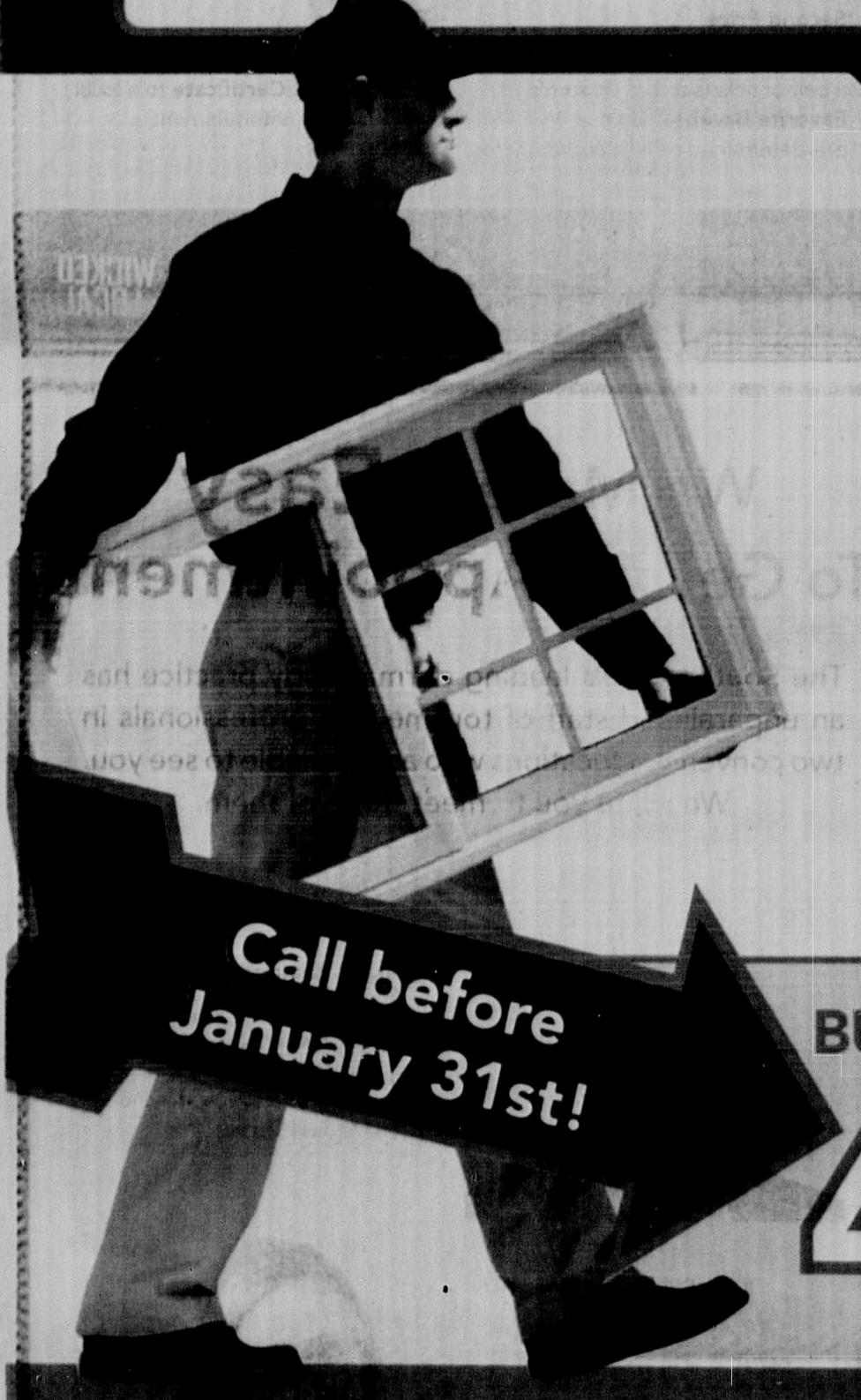
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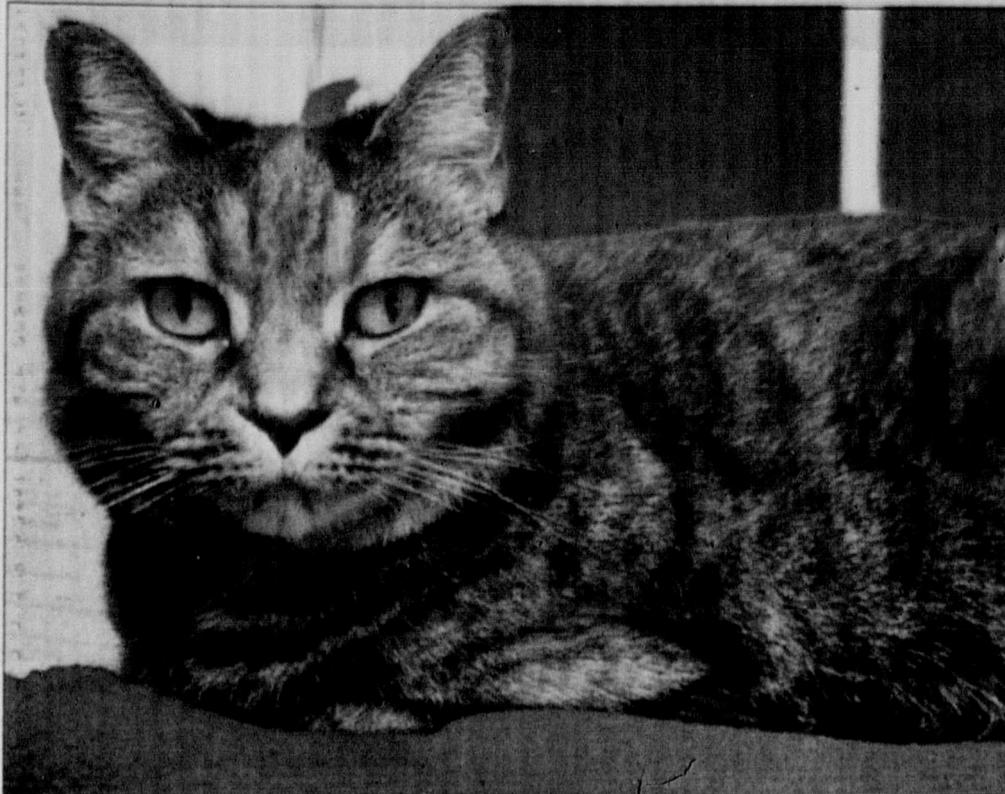
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GIMME SHELTER



Bette is a very pretty 6-year-old tabby cat with orange highlights around her face and a cute downturned "clown lip." COURTESY PHOTO

Bette has lots of love to share

By Tammy Hatch

Bette's Christmas was not so merry; the only owner she has ever known and loved passed away. Sadly, many cats that come to us as a result of this unfortunate circumstance understandably find it difficult to adjust to shelter life. While Bette is trying to hold her head high, we can see she's struggling.

Bette is a very pretty 6-year-old tabby cat with orange highlights around her face and a cute downturned "clown lip." Even though she looks permanently "pouty," Bette has shown us the big smile she wears on her inside. She is very sweet and loving and craves attention — the problem is she isn't

accustomed to having to compete with other cats to get it. Bette is used to having things on her terms and misses and deserves to be in a home again. Won't you come in and see our beautiful lady in waiting?

HSAR is located at 50 L Street in Hull. We are open to the public Monday nights 6:30 to 7:30 p.m. and Saturdays 2 to 3 p.m. Special appointments can also be made by calling our Adoption Coordinator, Judy, at 781-534-4902. Visit us at www.hsar.org or "Like" us on Facebook.

2015 Kittendales calendars are still available. They can be purchased on-line, at the shelter during open hours or at Toast Restaurant in Hull. The cost is \$20.

The Animal Rescue League's Spay Waggin will be at the Shelter Monday, February 9th. If you'd like to reserve a spot to spay or neuter your cat, please call the Shelter at 781-925-3121 or email us at hsar@verizon.net. The cost is \$100.

In 2014 we adopted out 191 cats and kittens to their "forever homes." On behalf of HSAR, a special thank you to all of the wonderful people who make the Shelter what it is, our Volunteers!

"Volunteers do not necessarily have the time, they just have the heart."

Thank you all!

—Tammy Hatch is a Volunteer and Board Member at Hull Seaside Animal Rescue.

REGISTER NOW

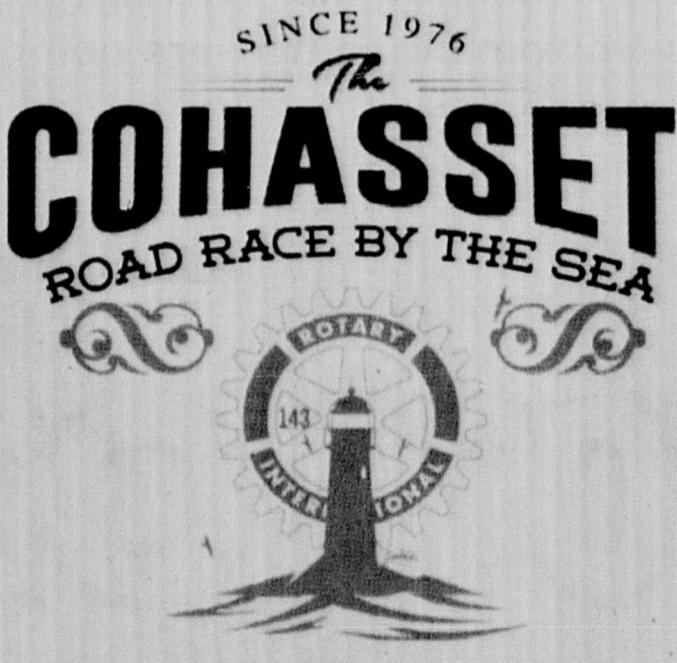
Cohasset Road Race by the Sea registration

Registration is now open for the 39th annual Cohasset Rotary Club's Road Race by the Sea 10K. The race is Sunday, March 29th and also includes the 10K Fran Coffey Memorial Fun Walk.

The 10K (6.2 mile) race begins at 1 p.m. on Cohasset Common. The Fran Coffey Memorial Walk takes place on the same day at 10 a.m. following the 10K course with a start/finish at Sandy Beach parking lot.

The \$35 registration fee will increase to \$40 on March 1st, so register today!! (avoid the fee and ensure the fun.) E-mail roadracebythesea@gmail.com if you're interested in sponsoring or volunteering. It takes a village to put this race on — the entire Village of Cohasset.

The Rotary Club of Cohasset would like to thank 2014 Banner Sponsors, RW Rosano, Graham Waste Services, ColoSpace, Work Station,



Cohasset Dental and Pilgrim Bank for their generosity and long-time partnerships.

For some runners, this 10K is the first race of the season and for others it's the last warm up before the big April marathon. Run for the views and camaraderie and knowing

that 100 percent of the net proceeds go to charities supported by Cohasset Rotary Club and Rotary International.

Register at roadracebythesea.com "Like" the Facebook page for the most up to date race information.

DON'T MISS THIS

Open house at nursery school

On Monday January 26th the South Shore Community Center Nursery School, 3 N. Main St., is holding an Open House from 10 to 11 a.m. in the Nursery School. Parents are invited for a tour of the school, an information

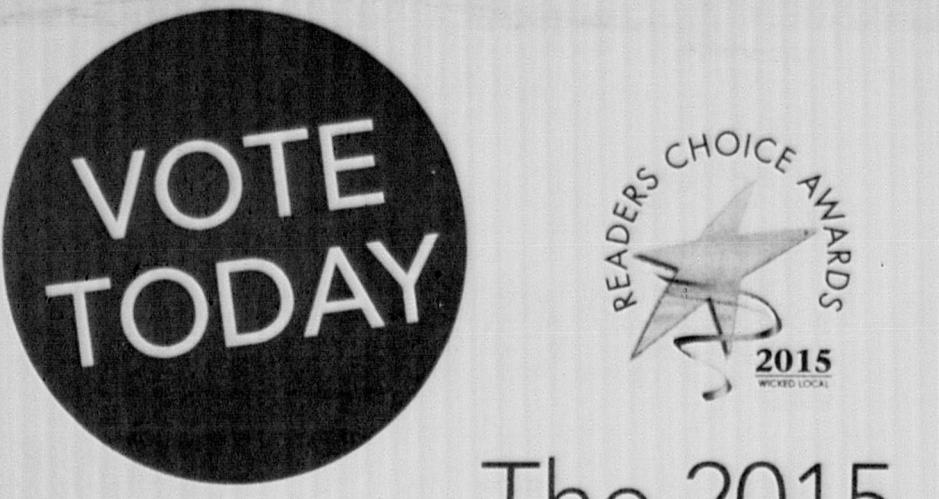
session, and to meet the director and teachers. There will be additional information on extended day programs and activities from 11 to 11:30 a.m. in the Sunshine Room of the Community Center.

The South Shore

Community Center offers programs for children 2.9 through 5 years. Please feel free to contact Ann Madden the Nursery School Director at 781-383-0036 if you are unable to attend to set up a personal tour of the school.

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South Shore

skin center

www.SouthShoreSkinCenter.com

Please Call To Schedule An Appointment

CABLE

From Page A1

corresponding cable channel, 143tv, students and members of the community at large have been called upon to provide content.

Later that year, a group of Cohasset teens eagerly stepped up to the plate — or, rather, camera.

Three then CHS students — Colin Bell, Matthew MacCormack, and Anthony Nahill — spent the 2012-2013 school year building the channel's — and the school's — first-ever sports show, "CSPN" (the Cohasset Sports Programming Network).

Now, all three are pursuing degrees — and careers — based on their experience at 143tv. Colin, a sophomore at Boston University, is studying communications and completed an internship at iHeart media, filming videos and covering concerts; Matthew, a freshman at Northeastern University majoring in journalism, has done sports writing for the Huntington News and anchored broadcasts for the school's "Sportseastern" show; Anthony, a sophomore at UMass Amherst, is studying sports management, and said that he learned a lot about marketing and building up social media pages from his time working on "CSPN."

Matthew, who as senior last year was 143tv's first scholarship recipient, said in an email that when his friend Anthony first pitched him the idea of filming a sports show, he had no idea what to expect; CCTV's program director, Don Roine, pointed the students in the right direction.

"At first, I honestly thought nothing would come of it, but when we went down and visited Don and saw the studio, I saw that a sports show was something that really could be done," said Matthew. "Don is such a passionate guy, and he wants to share his passion for video production with anyone that can. He gave us all the tools we needed to succeed; it was just up to us to put in a little hard work and creativity."

Much of the hard work involved learning on the go. Andrew Fewsmith, a senior at Boston University, started working at the

station when it was first launched, before Roine was hired as program director, when CCTV President Pat Martin was first starting to build up programming for the channel.

When he heard that the station was looking for students to film school sports games, "I had zero experience but volunteered anyway," Andrew recalled. Learning to film and edit video "led to me pursuing film and television in college."

In the "pre-Don era," as he calls it, Andrew said he had to learn a lot of things on the fly. One memory that stands out is a blizzard that hit the town in 2011, when town officials came to the station and asked Andrew to film a public safety message and keep it playing on a loop for the next 12 hours. It was something the then high school senior had never done before, but he "searched the internet to figure it out."

Once Roine was hired, things at the station started running more smoothly. "Things got a lot easier," said Andrew. "There's a support system."

A small team

Still, for a state-of-the-art small-town studio that generates content from sporting events to plays, live broadcasts from meetings and town events, and interview programs for shows such as "Our Town," much of the work is done by a skeleton crew.

"It's a small team," Anthony said of the cast and crew behind CSPN. "Everybody has to do their job to make it work."

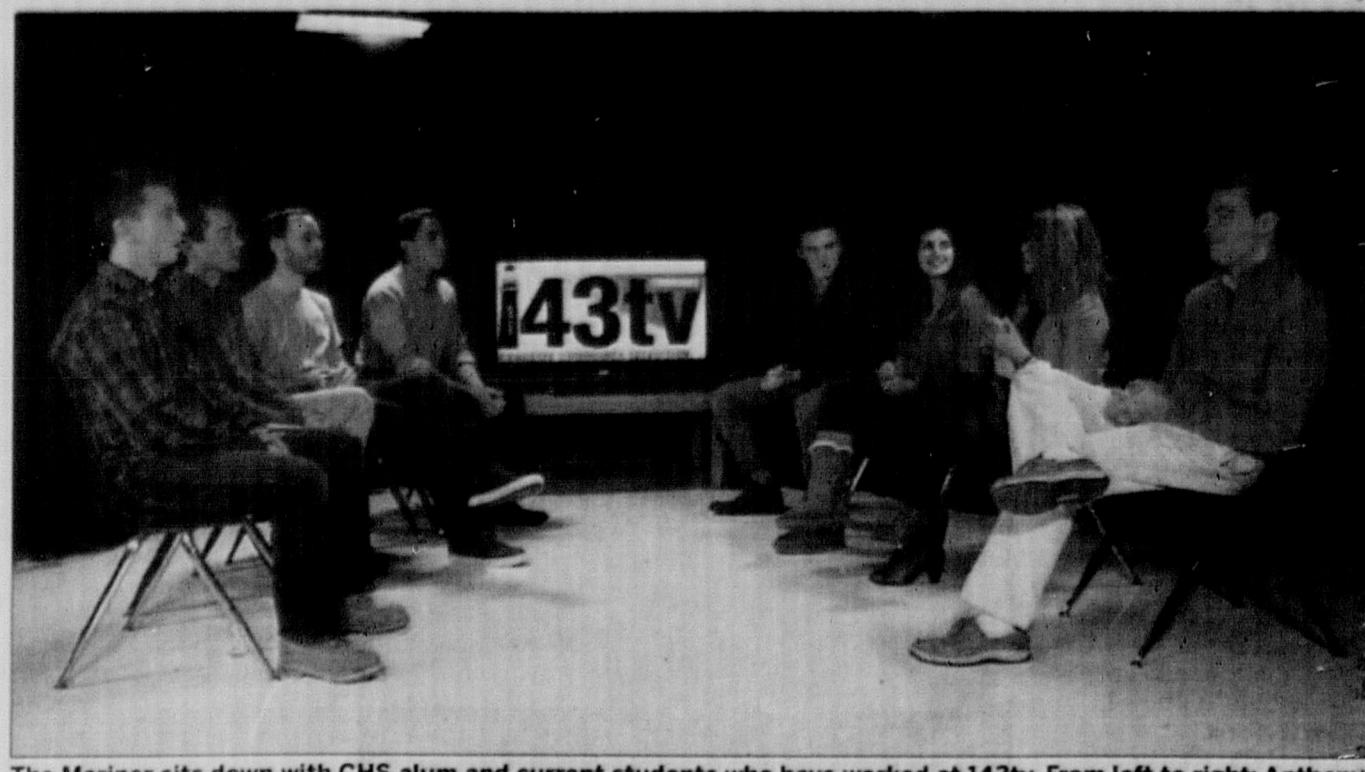
Colin recalled those "disastrous" early days of the sports show. "Editing and filming that show was a fiasco in and of itself... getting people to look at the camera and remember their lines."

Bloopers of the show are "definitely on YouTube somewhere!" said Anthony.

Every week, the three students would work well into the evenings after school writing scripts, filming, and editing the show before uploading the final product to the web. Then they would gather at Matthew's house to watch the show on Thursday evenings.

"We were probably the only ones watching," Colin joked.

They weren't the only



The Mariner sits down with CHS alum and current students who have worked at 143tv. From left to right: Anthony Nahill, Colin Bell, Andrew Fewsmith, Bobby Nahill, Dan Toomey, Sami Mushin, Mariner reporter Erin Dale, and Christian Cunnie. COURTESY PHOTO

About 143tv

Cohasset Community Television (CCTV) provides residents and employees of Cohasset the opportunity to create and participate in cable access programming. CCTV provides encouragement, training, facilities and equipment from within the studio, located inside the Cohasset High School library.

CCTV is responsible for event and meeting coverage in Cohasset, and also exists to help town residents, students, and employees express opinions, entertain, and inform through any means of reaching their intended audience through video programming.

Programs include:

"Our Town" with Pat Martin and Mark DeGiacomo provides viewers insight into all town-related issues and events. Their candidates forums and Town and Special Meeting primers are "must-see" TV for all voters in town.

"Living Histories," produced and Hosted by Karen Golden Oronte and the Cohasset Historical Society, showcases first-hand accounts and living memories of the people who have lived most of their lives in Cohasset.

"Sunday Author Talks," filmed by Linda Fechter, is a popular event held weekly at the Paul Pratt Memorial Library. The talks offer a chance to socialize and sample wines from local sponsor, A Taste for Wine & Spirits, as well as meet authors face-to-face.

CCTV also provides and maintains the robotic camera equipment and training for covering meetings of the School Committee, Board of Selectmen and Cohasset Emergency Management.

Coverage highlight from the past year includes the Memorial Day Parade, Career Day, "A Salute to Our Vets," CHS Graduation, 9-11 Day, and the 400th anniversary of Captain John Smith's landing at Cohasset Harbor.

CCTV offers workshops to groups or individuals wanting to learn about television production and perhaps wishing to create their own show, or just assisting us. All Cohasset residents and/or town employees are welcome.

For more information, email 143tvinfo@gmail.com or call 781-383-0859.

Check the TV schedule on the Community Bulletin Board (Channel 9 Comcast/Channel 37 Verizon) or online at www.143tv.org.

All of that hard work has been paying off, preparing these broadcasting students for college and beyond.

Christian Cunnie, a CHS senior, got his start at 143tv last year filling in for a friend who was slated to film a school committee meeting. From there, Christian went on to film a plethora of meetings, events and games. A major highlight for the senior this year was filming the championship football game at Gillette Stadium last month — from the press box.

Like Anthony, Christian plans to major in sports management but realizes that his broadcasting know-how will still come in handy.

"The film aspect will really help in the long run with just about any job," said Christian, adding that he wanted to give a "shout to Don" for "the experience we're given. We can come in here whenever we want; it's amazing."

SEE CABLE, A11

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LAURIE TRANCHELL

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CABLE

From Page A10

And while the school now offers a video production class, Dan points out that there isn't a class that teaches everything there is to know about working in the studio.

"A lot of the benefit" comes from working in the studio itself, said Dan. "There isn't a course on it... It puts a lot of pressure on your shoulders; if you really want to do it, you'll dedicate your time for it." The students all agreed that working out in the field offers an experience that just can't be taught.

"It's really hands-on," said Bobby. "It's how I learn the best."

Dan Kelly, who graduated from Scituate High School in 2009 but worked at 143tv, also prefers the hands-on approach. A 2014 communication studies graduate from Bridgewater State University, Kelly feels that what he learned at 143tv is invaluable – even more than what he learned in his degree program. At first learning the basics, "like how to operate a camera and how to set up audio and lighting equipment," Kelly also learned how to use video editing programs like Final Cut Pro and Adobe Premiere.

"I found that working with community access stations including 143tv helped me get practical experience that was not as readily available where I went to school," said Kelly. "A lot of the classes I took at BSU called for a hands-off approach to learning, which has its uses but for me getting involved with public access was invaluable. There was more freedom to do what I wanted to do like working on sports productions versus producing something based on a class assignment."

Colin said that it's "a lot more fun to learn in this environment than the classroom – you're not getting a grade for it."

And while Andrew shared that the studio provides a "safe environment" to learn and make mistakes in, students still learn about completing tasks under deadline – however relaxed they may be. At the end of the day, the students are responsible for creating their own content, he added. "It's all on you to make the product."

Matthew, like Dan, realizes how fortunate he and his fellow students were to have a TV station right in-house.

"Now, since I've gotten to college, I've realized how lucky I am to have Dan and the 143tv studio. A lot of the journalism students I've met at NU

have little to no video production experience, and I'm sure I would've been right with them without my unique experience with CSPN," said Matthew. "Knowing how to shoot, edit, and produce videos is an invaluable skill, and having on-camera experience is something that has really helped me with my extra curricular opportunities at Northeastern."

Next generation

Ask 143tv program director Roine what he thinks about the students

who have come and gone through the studio doors, and he'll tell you that he sees nothing but good things in their futures.

"I can hardly express in words just how blessed I feel for having landed at 143tv," said Roine. "That studio and production field equipment is located within a school loaded with talented, energetic and eager-to-learn students has made my job, and my life in general, all the more rewarding."

Roine said he enjoys "seeing the light bulb go on" as students learn

under his tutelage. He's especially proud to see those who have gone on to pursue broadcasting from here.

"Watching these students, past and present, pursuing an education and career path partly based on what they learned here is very special indeed," said Roine. "When you get to spend as much time as I do with these bright individuals, the more you will come to appreciate the notion that our future is in good hands!"

For Cohasset students who are curious about

143tv, but don't know where to start, both the current and former student broadcasters advise them to head into the library and check it out.

While it "may seem kind of intimidating," Christian encourages students to "push through; you'll learn on your own."

"If anyone is interested in joining, come in," he added.

"To any freshman thinking about doing anything in Cohasset, I would do it," said Dan. "Cohasset is really small, but there are not a lot of places that

have the flexibility to do sports and a TV program."

"The opportunity is fantastic," said Bobby. "Do what I did – walk right in."

The Mariner's interview with the students of 143tv was filmed in the studio and will be broadcast on Channel 9 Comcast and Channel 37 Verizon. See the Community Bulletin Board on those channels, or check online at www.143tv.org for show times.

-- Follow reporter Erin Dale on Twitter @ ErinDaleMariner.

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OPINION

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

OUR VIEW

Gearing up for Town Election

Although it is still mid-January, spring will be here before we know it and that means the local election season will be getting underway.

Town Clerk Carol St. Pierre let us know this week the details about when to pull nomination papers and when to return them for the May 9 Town Election. Please make note of the following:

■ Monday, Feb. 9: Nomination papers for the annual Town Election for 2015 will be available at the Town Clerk's Office.

■ Thursday, March 19: The last day to obtain nomination papers.

■ Monday, March 23: Last day to submit nomination papers to the Board of Registrars for certification.

■ In order to hold an elected office, people must be registered voters of the town. Note: Residents are not running for office until they take out papers and the Board of Registrars certifies the signatures.

Positions:
■ Selectmen for three

Years (one);
■ School Committee for three Years (two);
■ Trustees Paul Pratt Memorial Library for three Years (three);
■ Assessor for three Years (one);
■ Board of Health for three Years (one);
■ Cohasset Housing Authority for five Years (one);
■ Planning Board for five Years (one);
■ Recreation Commission for five Years (one);
■ Sewer Commission for three Years (one);
■ Water Commission for three Years (one).

We hope there will be competition for the positions listed above. A race for a seat or seats encourages debate, spurs interest and is good for democracy.

If you are thinking of running, we encourage you to do so. If you know of someone who would like to throw their hat into the ring, please encourage him or her to do so!

Feel free to stop by the Town Clerk's Office at Town Hall where any questions you have will be answered.

TOWN CLERK

Complete and return census forms

The 2015 annual Town Census forms have been mailed to every household in Cohasset. This census package also includes a dog license application. All dogs must be licensed by April 30 each year. Dog forms are on tear off portion of the census forms. The licenses are valid through Dec. 31, 2015. Dog forms need to be returned as soon as possible with a current rabies certificate.

Compliance with this state requirement provides proof of residency, street listings, veteran's bonuses as well as protection of voting rights, senior citizen programs and related benefits. The census form, does not register people as voters. The population figure has a bearing on the state and federal aid Cohasset will receive.

While the street list is

primarily used to update the voting list, statistics on children are taken for the School Committee, providing it with data on current enrollment as well as present and future school population. (Note: The School Committee uses the annual census information to help project future enrollment and space needs. Review the form carefully to ensure each child is reported and all dates of birth are accurate.)

Any member of the family in the military service, away at college or confined to a rest home whose legal residence is the same as one's own should be included on this form.

Anyone who did not receive a census form, or if more information is needed, call the Town Clerk's Office at 781-383-4100, ext. 106.

Cohasset Mariner

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cohasset.wickedlocal.com

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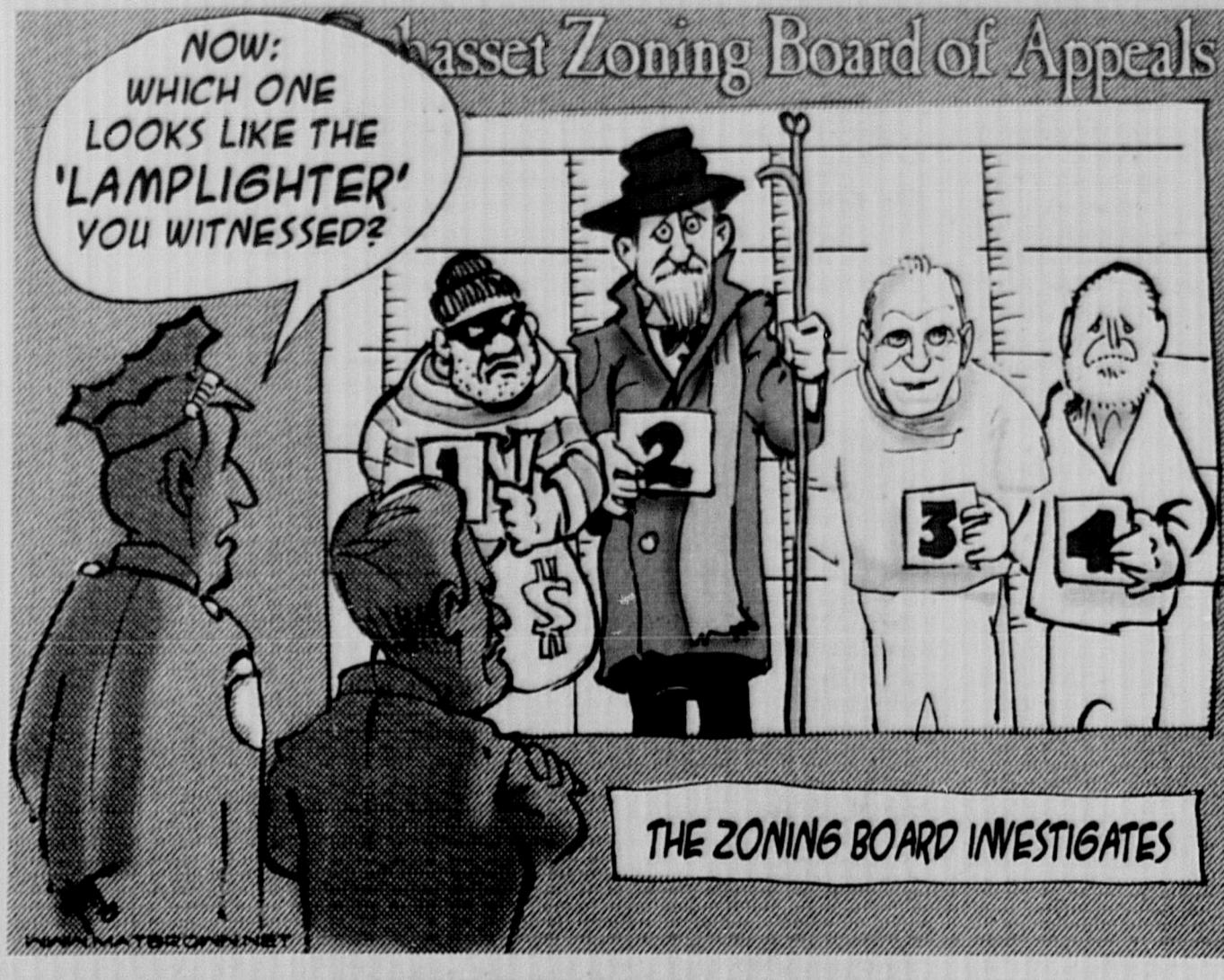
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HOW TO SUBMIT

Letters must be original and signed. Include the writer's address and phone number for verification. Letters may be edited. Send letters to Mary Ford, 73 South St., Hingham, MA 02043, cohasset@wickedlocal.com, or fax to 781-741-2931.



LETTER

Support for exhibit appreciated

The Cohasset Historical Society would like to thank everyone who supported its recent exhibit opening on Saturday, Jan. 10th. Guests attending the gala exhibit opening were treated to live music, wonderful food and an opportunity to preview the new exhibit highlighting the former Logan-Bigelow estate and the history of Cohasset from the time of the Titanic elegance to the Roaring Twenties. The exhibit is now open to the public, free of charge, Monday to Friday from

10 a.m. to 4 p.m. Thank you to the following who contributed to the success of the evening:

■ Exhibit and Event Committee: Pam Kelly, Sheila Toomey, Kelsea Hindley, Martha Fisher, Linda Pratt, Annette Sawchuk, Joy Schiffmann
■ Textile Conservations: Marie Schlag, The Studio for Textile Conservation
■ Jazz Ensemble: Owen Burnsee, Evan Canney, Adam Game, Cole Morrison, Tommy Olson
■ Graphic Design: Vienna DeGiacomo,

Guests attending the gala exhibit opening were treated to live music, wonderful food and an opportunity to preview the new exhibit highlighting the former Logan-Bigelow estate and the history of Cohasset from the time of the Titanic elegance to the Roaring Twenties.

Beach Street Creative

■ Cloak Room
Attendants: Meghan Considine, Madison Hindley, Dan Toomey
■ Outside Decorating: Gretchen Sheets and Jan Todd of the Community Garden Club of Cohasset, Steve and Stevie Poirier for lighting the exterior of the Pratt Building.

Long's Window Cleaning, President's Landscaping, Suburban Integrated Facilities Resources for interior restoration and Joanne and Glen Montgomery for loaning us "Isis" for our exhibit.

— Lynne DeGiacomo and Kathy O'Malley for the Cohasset Historical Society

LETTERS TO THE EDITOR

An open letter to John McSheffrey

Dear Mr. McSheffrey
I have just finished reading your latest View from the Front Porch. Let me start by saying I have always enjoyed your articles.

However, in (last week's) Cohasset Mariner you crossed the line. You certainly are aware that our Town Manager, Chris Senior, is not Acting. And your "oops" carries no credibility. You certainly knew or should have known that. Mr. Senior

has been Town Manager for over a year. As I am sure you are aware, Mr. Senior has done by all accounts an excellent job since he was hired after a successful search to become our Town Manager. And that has been stated by all the Selectmen in his review. You do him a disservice with your sarcasm.

Please try to keep your sarcasm out of future articles regarding town employees. They are all working in our best interests. — Peter J. Wood, 77 Summer St.

Police officers praised

(Editor's note: the following letter was sent to selectmen)

A quick note on the professional handling of a minor accident I was involved in on Dec. 26.

Both Sergeant Jeff Trenor and Officer Daniel Williams responded

immediately to the scene. After arriving they made sure both parties were physically OK. Although I was a little shaken up, they calmly assured us we were in good hands.

They should be commended for their coolness, training, outstanding work, and dedication to the profession. My brother was a wounded, disabled officer in Hartford, Conn., so I realize how difficult the job may be and sometimes their endless tasks are forgotten and taken for granted.

I give thanks to the Cohasset Police Department and will not forget their endeavors. — Thomas Hickey, 323 N. Main St.

MLK BREAKFAST

Boston City Councilor to speak

The 13th annual Dr. Martin Luther King, Jr. Breakfast will take place from 9 a.m. to 11 a.m. Monday, Jan. 19, at Second Congregational Church of Cohasset, Bates

Hall, 43 Highland Avenue, Cohasset.

A full breakfast will be served from 9 to 10 a.m. Honored guest and keynote speaker Boston City Councilor Tito Jackson will

speak from 10 to 11 a.m.

This event is jointly sponsored by the Cohasset Clergy and the Cohasset Diversity Committee.

Admission cost is \$5 per person or \$15 per family.

Childcare is provided.

For more information, contact: Connie Afshar at 781-383-6006 or c.afshar@comcast.net.

STATEHOUSE

Town to receive more road money

In one of his first acts as the state's chief executive, Governor Charles D. Baker released \$100 million dollars in Chapter 90 Transportation funding to the Commonwealth's cities and towns last week. The Town of Cohasset is set to receive an additional \$104,813 in funds to improve local roads and infrastructure.

Senator Robert Hedlund (R-Weymouth), the State Senate's top Republican on

the Transportation Committee, lauded the move and credited the new Governor with "upholding a promise to our communities as made by the legislature."

"I have been calling for the Governor's office to release these funds to our communities" stated Senator Hedlund, who worked to secure the increase of funding in the transportation bond bill of 2014. Hedlund was an early critic of the

"Our cities and towns prioritize this money a lot better than our state government does."

State Sen. Robert Hedlund

Deval Patrick Administration's decision to withhold these local transportation funds.

"Our cities and towns prioritize this money a lot better than our state government does. Each of the communities I represent

took hit after hit on local aid during the previous administration. I am looking forward to working with Governor Baker to make sure local aid once again becomes a priority, and he is off to a very good start."

COMMENTARY

Sunshine on our own Beacon Hill

Inaugurations are ceremonial affairs, with scripts that are predictably upbeat.

So red carpets were spread through the Statehouse last week, and the bagpipes and drums of the Ancient and Honorable Artillery echoed through the halls. Politicians and their friends applauded each other every 30 seconds. Everyone promised to work together on shared priorities for the good of all.

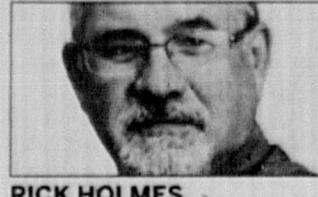
But there are reasons to think that this time, the smiles on Beacon Hill were genuine and the promises of cooperation may well be kept. Yes, the legislative branch is controlled by one party while the executive branch is in the hands of another, but people here aren't treating that as a huge problem.

This stands in marked contrast to the parallel events in Washington, D.C. There, partisan sniping has already drowned out platitudes about cooperation. Confrontations between Congress and the White House are already taking shape. The parties have distinctly different priorities, and hardly anyone believes the top players will be able to work together to get anything done.

The difference in Massachusetts starts with Charlie Baker. The new governor is a Republican, but he campaigned as an independent with bipartisan tendencies. Neither bomb-thrower nor ideologue, Baker believes in government and wants to see it work well.

Unlike some other Republicans who have sought the corner office, Baker didn't campaign against the Legislature or its leaders. He ran a mostly positive campaign, aiming his criticism at the current administration and his opponent, Attorney General Martha Coakley, not at the people he now has to work with.

Unlike his predecessors,



RICK HOLMES

Deval Patrick and Mitt Romney, the new governor knows his way around the Statehouse. He served in top posts in the administrations of Bill Weld and Paul Cellucci, and has worked with Democratic legislators before, including House Speaker Robert DeLeo and Senate President Stan Rosenberg.

Baker knows the Democrats on Beacon Hill and they know him – and I've yet to find a Democrat who doesn't like him.

Patrick and his inner circle of outsiders stumbled in his first months in office, ruffling feathers and making missteps that stalled the momentum he'd generated during the campaign. Romney never bothered to get to know the ways of Beacon Hill, or build the relationships needed to govern effectively.

Baker isn't likely to make those mistakes. He has assembled a cabinet that is bipartisan – four Democrats, three Republicans and an independent in top posts, so far – and that is heavy on experience in the public and private sectors. His moves have been well-received by Democrats on Beacon Hill, who also appreciated the bipartisan tones Baker struck in his inaugural address.

While the winds in Washington push the parties apart, the winds in Massachusetts have been pushing Democrats and the Republican governor together. Priorities Baker mentioned in his address – combating addiction, closing the school achievement gap, reducing energy costs, spreading prosperity to parts of the state the recovery hasn't reached – are at the top of Democrats' lists as well.

PUSHING THE EDGE

Some questions for 2015



GLENN MANGURIAN

Before we lose the "It's a new year spirit," I offer five questions for you to consider as part of your reflections back and projections forward.

make us happier? If we build these actions (or non-actions) into habits maybe we can be a bit happier in 2015.

I offer these questions as a discussion starter. Maybe they would make good dinner conversation. It is important to remember that we can change the world one person at a time. Why not start with you?

Glenn Mangurian is a Hingham resident of 25 years. He spends his time consulting, teaching leadership and writing to provoke thinking. He welcomes your comments and can be reached at gmangurian@frontierworks.com.

A few weeks ago I asked, "What will 2015 bring?" I noted that we cannot predict the future and it is better that way. Before we lose the "It's a new year spirit," I offer five questions for you to consider as part of your reflections back and projections forward.

1. What can you learn from 2014 to change your behavior in 2015?

2014 had its personal high and low points. Why were the high points so good? Where is the learning from the low points?

2. Whom can you forgive for something that harmed you in the past?

Each of us can remember someone who has harmed us in the past. Sometimes the harm diminishes over time but sometimes it grows. Forgiveness can be liberating for you and the person that harmed you.

3. What good deed can you do and expect nothing in return?

You know the saying "You scratch my back and I'll scratch yours." It is an example of a quid

pro quo belief on life. But, why not do a good deed just because it is the right thing to do and not because you want something in return?

4. Whom can you acknowledge as a special person in your life who may not know how important he or she is to you?

We each have a mental list of the important people in our lives. Some people know that they are important to us and we appreciate their support and contributions. But others are unaware unless we tell them. Telling them will make you feel good and the other person feel special.

5. What can you do that will make you happier?

We think we know what makes us happy but how much time to we devote to these things. What new behaviors or actions can

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GROWING ON THE FARM

Plenty of winter crops

It is still necessary and beneficial to walk on the wheel rows and not on the growing beds. Though it is quite frozen, the habits are good to form, as walking on the beds can compact the soil and disrupt the soil, not to mention any seedlings that may be germinating and growing.

Here in January, the beds are quite recognizable, some in Peck's Meadow even have straw covering the planted garlic. Most all the beds are raised from the paths, so they are easy to see. Some still have plants and crops from warmer days gone by.

The birds and the deer have taken advantage of the taken-away fence. Any winter birds, not in Florida, have already flown in for remaining seed.

The four-hooved deer

have not traveled far, as they have consistently stuck to their winter routine. There is foot

print evidence, from back

when it was muddy, that

they have come to nibble

still-hardy greens and

look for food to sustain

them. Deer eat too, as

frustrating as that is for

the farmers who charge

batteries, string wire and

attempt to gently bait the

deer to the fence, so they

learn not to approach that

field and find a different

route for nibbling and

sustenance.

Maybe it is time for a permanent fence fund

drive to completely keep

away the deer. The deer

and many other

animals wild and tame,

live in the adjacent 130

acres of woods as well as

probably in the Wheel-

wright woods. There is

delightfully plenty of



JON BELBER

forest for these animals to call home, rich with food, evergreens and lots of

greenery year-round. But

back to the fields, Peck's

to be specific, where there

are still desirable greens,

and not just for the deer,

but people, too.

During this frigid

fortnight, when the tem-

perature has not exceeded

32 degrees, the broccoli

and kale seem to have a

built-in durability. The

three high school Cohas-

set seniors, Ross, Mollie

and James, who have

spent three days a week

at the farm for the better

part of the current semes-

ter, set out to the field

with me this past week,

bravely and quickly.

We had a bin, two

pairs of scissors and a

desire to rapidly harvest.

We cut about 25 leaves

of kale, both Red Rus-

sian and lacianato, and

snapped off an equal

number of ready broc-

coli. We scurried back to

the slightly warmer farm

house, where we selected,

washed and settled on

about 7 pounds total of

broccoli florets and quite

hardy, cold tolerant kale

leaves.

Once we placed the

kale and broccoli in the

near empty fridge (as

the farmer is away), we

had a warm cup of tea

and made plans for the

next day, which had us

bringing the fresh and

warming greens, to the

Cohasset Food Pantry,

We cut about 25 leaves of kale, both Red Russian and lacianato, and snapped off an equal number of ready broccoli.

where the weekly traffic continues to increase. Even in the throes of winter, there remains some well-established crops and plenty of need for fresh, organic produce. The plants were transplanted in the summer (watered by these same high schoolers during the drought) and are a testament to longevity and season-extension possibilities, even in New England.

The harvested crops will not feed all those in need, and I am not sure for how much longer we can harvest anyway. But farm and teach on we do. The cold keeps us moving, the paths still line the beds and though the kale is cold, it warms the heart to grow and provide opportunities for all those involved at Holly Hill. Stay warm and kale on.

—Jon Belber is a Scituate resident and the education director at Holly Hill Farm in Cohasset. He teaches students and adults about organic gardening and farming. His column appears twice monthly in the Mariner. He can be reached by email at jbelber@hollyhillfarm.org. For information on upcoming programs at Holly Hill, visit www.hollyhillfarm.org.

LIBRARY CORNER

January is all about authors

Paul Pratt Memorial Library, 35 Ripley Road, Cohasset. Call 781-383-1348 for more information or visit the website at www.cohassetlibrary.org.

ARTIST RECEPTION: South Shore Art Center will present an art exhibit by Tony Pilla at the library through Feb. 28.

AUTHOR VISIT: Historian Michelle Marchetti Coughlin will discuss her book "One Colonial Woman's World" at the library at 7 p.m. on Thursday, Jan. 22. Refreshments will be served. All are welcome.

OPEN BOOK HOUR AUTHOR SERIES: Calling

PUPPET STORY TIME WITH LEIGH AND FRIENDS: Tuesdays, Jan. 20, Feb. 10 and 24, at 10:30 a.m., in the Story Room. Funded by the Friends of the Cohasset Library.

STORYTIME: Tuesday, Jan. 27, Feb. 2 and 17 at 10:30 a.m., in the Story Room. Funded by the Friends of the Cohasset Library.

LEGO CLUB: Mondays.

all self-published or independently published local authors. Here's a chance to talk about one's book in a library setting. On selected Saturdays each month, the library will make the Meeting room available for lesser known authors to give a book talk. If interested, call Reference Librarian Gayle Walsh at 781-383-1348 or email gwalsh@ocln.org.

OPEN BOOK HOUR: Saturday, Jan. 24, 2 to 3 p.m. Author Rosalind Cuschera of Quincy will talk about her book "Journey from San Rocco," a book based on her family history from 1918-2006. Books will be available for purchase. Free event.

SUNDAY AUTHOR TALK:

Author Richard Primack

will talk about his new book

"Walden Warming" at 4

p.m. Sunday, Feb. 8. A wine

and cheese reception and

book signing will follow. Mr.

Primack's talk. Free admission. Seating is limited.

10:30 to 11:15 a.m. Register now for all morning sessions. Each week a different theme will be explored using books and crafts. For ages 2.9 and older.

STORY & CRAFT: Thursdays, Jan. 22 and 29, from 1 to 1:45 p.m. No registration required for the afternoon session. Each week a different theme will be explored using books and crafts. For ages 2.9 and older.

YOU JUST BLEW \$10,000.

Buzzed. B

MARK YOUR CALENDAR

Register of Deeds to speak on real estate

Norfolk County Register of Deeds William P. O'Donnell will be the guest speaker for the Plymouth and South Shore Association of Realtors Inc. at 10 a.m. on Tuesday, Feb. 3, at the PASS central office, 48 Schoett St., Route 139, Pembroke.

O'Donnell will speak on subjects that are of interest to Realtors and homeowners, including the most recent changes in the Homestead Law and the current national scam that is taking place with regards to paying an artificially exorbitant price for

a deed, instead of paying a few dollars at the local Registry.

The Register will also discuss the historical nature of the Registry — some documents dating all the way back to 1793 — and his ongoing efforts to modernize and computerize the millions of land records in its operations.

After the presentation, the Register will demonstrate how the Registry's On-Line Land Records Database works by giving PASS members the opportunity to look up

documents or print a copy of their deed.

As part of his Registry of Deeds community outreach initiative, O'Donnell offers these online services to both residents and businesses interested in researching Norfolk County registry information.

To learn more, like the Registry on facebook.com/NorfolkDeeds or follow on Twitter @NorfolkDeeds. Norfolk County Registry of Deeds is at 649 High St., Dedham, and is the principal office for real property in Norfolk County.

DEADLINE FEB. 13

Seeking the town's top citizen

Nomination form on page A6

By Mary Ford
mford@wickedlocal.com

In keeping with a 22-year tradition recognizing an individual for outstanding service to the community or a special achievement — the Cohasset Mariner is now accepting nominations for the annual Citizen of the Year Award.

We invite our readers to take this opportunity to nominate a person who has made a significant contribution to Cohasset.

Last year Cohasset honored Jack Buckley for his vision, foresight and determination in helping to establish the Center for

Student Coastal Research (CSCR), an educational and environmentally active facility and program.

The deadline for nominations for the Citizen of the Year is 5 p.m. Friday, Feb. 13. Please see the nomination form on page A6. The form may be photocopied. Letters of nomination are also accepted and should be mailed or sent by fax to The Cohasset Mariner, 73 South St., Hingham 02043. Our fax number is 781-741-2931. Letters of nomination by email to mford@wickedlocal.com are also welcome.

This is not a popularity contest. Following the close

of nominations, a selection panel — after reviewing the names submitted by poring over the nomination letters and comments — will select the Citizen of the Year.

Nominees may be someone in an elected office, a member of an appointed town committee, teacher or school administrator, clergy member, firefighter, police officer or other municipal worker. And the nominee may be a person in the business community, sports figure or an "unsung" neighbor or friend who has freely given of his or her time and energy for a worthwhile Cohasset project or cause.

If you're job searching online, don't use an AOL email address. You'll be perceived as older and less tech savvy.

That's advice from "On The Job," a free support group helping people re-enter the workforce. The Rev. Bill Turpie heads the group that's met weekly for six years at New North Church in Hingham.

"When the recession hit in 2008, it was a scary time. A ton of people were out of work," Turpie said. "It was harder for people in their 50s and up who'd lost a position. They realized they weren't ready for the new world of online job searches."

So with the help of volunteer "facilitators," Turpie launched the group. They focus on resume-writing, interview techniques, and networking — especially with Facebook and LinkedIn.

"To overcome ageism, you have to look at your clothes, your hair style and body language," he said. A meek demeanor is bad; a confident one good.

"Your dress should be professional and age appropriate," said facilitator Marie Harris. "Think about the employer. You'd dress differently for a young startup IT company than for IBM. Research the company and the interviewer beforehand."

On The Job members also learn about newer "informational" and "behavioral" interviews.

But in addition to gaining skills, members bolster each other with moral support.

On The Job meetings average 12 to 18 people, but some with guest speakers have drawn twice that.

journalist.

Then he met and was inspired by Richard Bolles, author of "What Color Is Your Parachute: A Practical Guide for Job Hunters and Career Changers."

Bolles recommends finding what you're best at, what you enjoy most, then networking to find the person who can hire you.

Networking does account for 82 percent of today's hires, said facilitator Linda Powers. She and Harris, both with human relations experience, also volunteer for the Wisdom Works Job Skills Training Program, which the Hingham Senior Center sometimes offers.

On The Job meetings average 12 to 18 people, but some with guest speakers have drawn twice that.

One past speaker was Christine Driscoll, who founded "One Life at a Time," a Braintree non-profit online training and career counseling service. Local job seekers often go there as well.

Although On The Job doesn't keep statistics, "many people have turned a corner," Harris said. Five recently found jobs.

"The group makes a difference in people's lives," Turpie concluded. "Loss of a job creates grief. As a pastor, I want to be able to bring healing. This comes out of my faith; ministry is not just to preach, but to help people find purpose in their lives."

On The Job meets every Monday from 8:30 to 10 a.m. (except holidays and Hingham school snow days) in the Church parlor at 1 Lincoln St., Hingham. For more information call (781) 749-2341.



Senator
Robert L. Hedlund
(R-Weymouth)
617-722-1646
Room 313C

Representative
Garrett J. Bradley
(D-Hingham)
617-722-2520
Room 479

Beacon Hill Roll Call

By Bob Katzen

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

Volume 40 -
Report No. 1
January 5-9, 2015

With today's edition, coverage of the 2015-2016 Massachusetts legislative session by our weekly Beacon Hill Roll Call report begins. This feature is a clear and concise compilation of the voting records of local state representatives and senators.

Beacon Hill Roll Call provides an unbiased summary of bills and amendments, arguments from floor debate on both sides of the issue and each legislator's vote or lack of vote on the matter. This information gives readers an opportunity to monitor their elected officials' actions on Beacon Hill. Many bills are reported on in their early stages, giving readers the opportunity to contact their legislators and express an opinion prior to the measure being brought up for final action.

The feature "Also Up on Beacon Hill" informs readers of other important matters at the Statehouse.

Beacon Hill Roll Call is published by Bob Katzen, who has been providing this feature to hundreds of newspapers across the state for many years.

THE HOUSE AND SENATE. Last week was full of activity on Beacon Hill. The Legislature approved and sent to Gov. Deval Patrick dozens of bills passed on voice votes, without roll calls, prior to the end of the 2013-2014 session on Tuesday, January 6.

The Legislature convened the 2015-2016 session on Wednesday, January 7. Most of Wednesday's activity was ceremonial with the exception of the election of a speaker of the House and Senate president.

Gov. Charlie Baker and Lt. Gov. Karyn Polito were both sworn in on Thursday, January 8.

HOUSE RE-ELECTS SPEAKER DELEO

House 125-35, re-elected Rep. Robert DeLeo (D-Winthrop) as speaker of the House. DeLeo received the votes of all of the 125 Democrats. Rep. Bradley Jones (R-North Reading) received the votes of all 35 Republicans and was re-elected GOP minority leader.

SENATE ELECTS SEN. STANLEY ROSENBERG AS SENATE PRESIDENT

Senate 34-6, elected Sen. Stanley Rosenberg (D-Amherst) as Senate president. Rosenberg received the votes of all of the chamber's 34 Democrats. Sen. Bruce Tarr (R-Gloucester) received the votes of all six Republicans and was re-elected GOP minority leader.

ALSO UP ON BEACON HILL

NO PAY RAISE FOR LEGISLATORS - Gov. Patrick, on his last full day in office Wednesday, announced that the salary of the 200 members of the Legislature will be frozen for the 2015-2016 legislative session that began Wednesday, January 7. The freeze will leave in place the current \$60,032 base salary of each senator and representative. Patrick, in a letter to outgoing Treasurer Steven Grossman, said he regrets this outcome. "As you know, I believe that an adjustment in base compensation for legislators and constitutional officers is warranted," he wrote.

Patrick was required under the state constitution to determine by Wednesday the amount of a pay raise or cut that state legislators would receive for the 2015-2016 session. All Massachusetts governors are obligated to increase or decrease legislative salaries biennially under the terms of a constitutional amendment approved by the voters in 1998. The amendment, approved by a better than two-to-one margin, requires legislative salaries to be "increased or decreased at the same rate as increases or decreases in the median household income for the Commonwealth for the preceding two-year period, as ascertained by the governor."

Patrick noted, "Applying the same methodology I last used (in 2013), there will be no increase or decrease in base compensation."

That freeze comes on the heels of a \$1,100 pay cut for the 2013-2014 legislative session that ended Wednesday and a \$306 pay cut for the 2011-2012 session. Prior to that, legislators' salaries had been raised every two years since the \$46,410 base pay was first raised under the constitutional amendment in 2001. The frozen \$60,032 salary means legislative salaries have been raised \$13,622, or 29 percent, since the mandated salary adjustment became part of the state constitution.

House Speaker Robert DeLeo and Senate President Stanley Rosenberg, both Democrats, receive a \$35,000 bonus for their service — boosting their salaries to \$95,032. House Minority Leader Bradley Jones and Senate Minority Leader Bruce Tarr, both Republicans, receive a \$22,500 bonus for their service — boosting their salaries to \$82,532.

Over the next few weeks, DeLeo, Rosenberg, Jones and Tarr will choose their leadership teams and also appoint dozens of members to committee chair, vice chair and other leadership positions. At that time, many legislators will see their base pay boosted by bonuses ranging from \$7,500 to \$25,000.

PATRICK SIGNS MANY BILLS INTO LAW - Gov. Patrick signed into law many bills approved by the Legislature in the final days of the 2014 session. Here are some of them.

ACCOSTING AND ANNOYING (S 2362) - Changes a current law that makes it illegal to annoy or accost people of the opposite sex with behavior that is deemed offensive and/or disorderly. The measure would allow the charges to be brought even if the victim were a person of the same sex.

Supporters said the new law will change this antiquated law and is aimed at sex offenders who target children regardless of gender. They cited an incident in Bellingham in which a male offender accosted young boys but the charges were dismissed because under the law, it was only a crime when it was against the opposite sex.

SELL LIQUOR AT CONTINUING CARE COMMUNITIES (S 2407) - Allows the sale of alcohol at continuing care communities, retirement communities and assisted living facilities.

Supporters said many of these communities already offer top notch in-house restaurants but noted that the facility is not allowed to serve liquor. They argued that allowing alcohol is simply an extension that will benefit residents and make profits for the homes.

HAZARDOUS WASTE (S 2105) - Amends the current law that requires companies responsible for hazardous materials spills to reimburse the city or town for the cost of its emergency response. The new law would expand current law and require reimbursement even for the "threat" of release of the materials.

Another provision releases private homeowners and renters from reimbursing the community for the cost of any cleanup of oil or hazardous material on their property if they notify the local fire department of the incident immediately, the home was only used as a residence, and the owner or renter was not grossly negligent and did not illegally possess oil or hazardous materials.

Supporters said currently communities use lots of resources and dollars to respond to these calls but are not reimbursed unless there is an actual spill. They noted that non-commercial private homeowners and tenants should not be liable for cleanup costs if they meet certain conditions.

ALLOW SIMULCASTING AT SUFFOLK DOWNS (S 2421) - Allows Suffolk Downs for two years to continue simulcasting horse races from other states without being required to have any live races at the track. Current law only allows simulcasting if the track sponsors a certain amount of live races.

Supporters said this would give the track's owners time to decide what they are going to do with the track following their failure to get a casino license. They noted 100 jobs depend on approving the bill.

CONFINE MENTALLY ILL PRISONERS (H 4545) - Prohibits mentally ill patients from being housed in a segregated unit at a prison for more than 30 days. The measure provides that these prisoners instead be sent to mental health treatment units. The Senate Ways and Means Committee estimates that the legislation will cost \$13 million.

Supporters said the segregation of mentally ill prisoners is counterproductive and often makes the prisoners even worse. They noted that a court agreement imposing this same rule expires in 2015 and argued things will revert back to the old rules of extended confinement in segregation units if this bill is not passed.

MASSAGE THERAPISTS (H 4551) - Prohibits unlicensed masseuses in Massachusetts from advertising on the Internet through websites, e-mails or blogs.

Supporters said a loophole in current law prohibits these unlicensed masseuses from advertising in print including newspapers, magazines and signage, but allows them to advertise on the Internet.

ALLOW INTERNISTS TO GIVE SHOTS (S 2127) - Allows pharmacy interns to give immunization shots to consumers. Pharmacy interns are students who have completed at least two years at an accredited school of pharmacy registered by the state. The intern would only be allowed to give the shots under the direct supervision of a registered pharmacist.

Supporters said getting shots at pharmacies is easier, faster and less expensive than at doctors' offices. They said allowing interns to give shots will increase the number of customers the pharmacists can handle and free up the time of the pharmacist to focus on filling prescriptions.

SIX-YEAR CAREER PLANNING FOR STUDENTS (H 4527) - Creates a committee to investigate and study the possible development and implementation in the 2016-2017 school year of a six-year career planning project for each sixth grader. The program would be coordinated by licensed school guidance counselors. The committee would present the report to the Legislature with recommendations for any action it feels should be taken.

Supporters said the bill will empower students to set goals and help them receive the necessary education and develop the skills required to succeed in a career.

CANCER VICTIMS AND DRIVERS' LICENSES (S 2417) - Gives cancer patients who have lost their hair as a result of treatment a one-year extension on having a new photo taken for their driver's license. A Massachusetts driver's license photo must be updated every ten years.

Supporters said it is unfair that cancer patients who have lost their hair are required to take a psychologically harmful new photo while they are bald. They argued this compassionate bill would give them time to grow back their hair before taking a new photo.

AMBER ALERT (S 2173) - Improves and enhances the state's Amber Alert System which interrupts regular radio and TV programming to broadcast information that could help recover an abducted child. Information is also broadcast on electronic signs along highways, in airports and on cell phones.

Supporters said this important bill would enhance the state's invaluable Amber Alert System. They noted since its inception in the Bay State in 2002, the alert has been activated 15 times and successfully recovered and reunited 23 children with their families.

* for
DeLeo
for Tarr *

TOWN MANAGER

Senior's one-year anniversary in Cohasset

By Erin Dale
edale@wickedlocal.com

Tuesday, Jan. 13 marked Town Manager Chris Senior's one-year anniversary of working in Cohasset.

During Tuesday's Board of Selectmen meeting, selectman Karen Quigley took the opportunity to acknowledge and thank Senior for his first year on the job.

"I would like to say thank you very much for all the hard work and dedication you've given the town in your first year," said Quigley, "and thank you for the professionalism under pressure you've exhibited."

Senior came to Cohasset after spending 10 years as deputy town supervisor in North Hempstead, N.Y. Prior to that, he worked as an attorney in his native Long Island and also previously spent a few years working as a print and radio reporter in Boston. Senior holds bachelor's degrees in journalism and economics from Boston University and a law degree from Hofstra University.

Senior was hired by the

selectmen in December 2013, and visited Cohasset during a blizzard a few weeks before starting his new job to see how the town fared in a winter weather emergency.

"It's been a whirlwind," Senior said of his first full year.

The new town manager started in Cohasset just as budget season was getting underway — he delved into the middle of Fiscal Year 2014 and started working on the FY15 budget. Senior told the Mariner at the time that he looked forward to "going through a whole cycle in town."

On Tuesday night, Senior took the board through a six-month review of the FY15 budget and gave an update on the budget development for FY16.

He also took a moment to reflect on his time in Cohasset, so far.

"A year ago, I walked in for the first time as town manager," Senior recalled Tuesday. "I want to thank the selectmen, staff, and the many volunteers who make this town work every day," including board and

committee members, as well as residents "who give their time," said Senior.

The town manager also thanked "every resident who's been welcoming to me," making his first year a good experience.

A while things have gone well so far, Senior is not one to rest on his laurels, he added. "We have lots more to accomplish. I'm confident together we'll make more strides; I'm looking forward to working with everyone to make 2015 as successful as 2014, and more."

Selectmen chair Diane Kennedy joked that she received an email from LinkedIn.com that day inviting her to "congratulate Chris on his new job," and had a slight panic until she realized it was referring to his current job in Cohasset. Quigley said that she also received a LinkedIn notification, but it was letting her know that it was Senior's one-year work anniversary. "They're a little behind the times," Senior joked.

Follow reporter Erin Dale on Twitter @ErinDaleMariner.

FINANCES

From Page A1

finances, which according to Powers is "really done" by the town finance director Mary Gallagher and her staff, with Senior overlooking the process.

"The auditors are independent. Everything in this document is yours... it's coming off of Mary's ledger," said Powers. "We audit all those transactions and adjustments made. We need to be able to tell the reader we have an unmodified opinion so the stakeholders can know the numbers you're looking at."

"It's an accountant's version of what happened, why things went up and down," Powers added of the CAFR. "It gives the reader a good sense, in plain English, what the numbers mean behind it."

The management letter prepared by his firm also serves as an indication of how well Cohasset is doing fiscally.

"In the last several months, management prioritized what's important," Powers said of Cohasset's government. "At least from the outside looking in, we think you've made significant progress."

Powers identified 14 prior findings from last year, or areas that needed improvement, and said that six of these were resolved by end of year with a few more being taken care of this year. "At the end of FY15 we don't expect to see more than a few out there," said Powers.

Findings included the town needing to adopt policies for cash investment, procurement, purchase orders and employee reimbursement, a health insurance membership internal audit, enhanced controls over certain departments, and conducting a fraud risk assessment.

"I was very fortunate to step in here to a place that's in good shape and going in a good direction, and we're going to build on that."

Town Manager Chris Senior

"You have to find solutions inside of your structure that make sense," Powers said of resolving these issues. "We did find significant progress... We don't believe there's anything in here that isn't being taken seriously by management."

Selectmen chair Diane Kennedy said of the FY14 audit report, "Overall, it's great news and great progress."

Moving on to FY15, Senior reported that six months in, the town is "on target."

Good news included the water and sewer enterprise funds being up by 20 percent in collections, since the town had a dry summer and fall, increasing usage.

Senior also reported that Cohasset is slated to receive around \$105,000 in road repair reimbursement from the state's Chapter 90 funds.

"It's basically an increase of 50 percent for one year," said Senior. "We will cross our fingers for the future."

Things to look out for in the current year budget include police overtime, which is circumstantial, not structural, said Senior. With a recent retirement and a student in the police academy, the department is "a little staff tight," the town manager said.

An officer was hired to replace the recently retired officer, Patrick Kenney, and

he is "off to the academy," with a third officer "in the queue" to be hired. The town manager added that all three of these new hires are Cohasset High School graduates.

Senior also reported that he is working on a five-year budget projection, which he plans to publish soon, as well as discuss in an upcoming fiscal forecasting workshop.

Overall, "I think we're in good shape as we begin to build the budget process for next year," said Senior.

The town manager attributed much of the town's good financial health to Gallagher for doing "an outstanding job" over the past year. "I was very fortunate to step in here to a place that's in good shape and going in a good direction, and we're going to build on that."

Advisory Committee chairman Peter Pescatore, who was in the audience, said he was pleased with the financial reporting that evening.

"This is the first financial meeting I didn't have to ask any questions," said Pescatore. "I think this report approaches a private industry quarterly report... It's all explained pretty accurately here for all the material movers in the budget."

"I think it's a huge step forward," Pescatore added. "It's the best I've seen in this town — it's all transparent now."

Senior said in a phone call Wednesday that he is also happy with the town's financial strides. "While we still have work to do, I am pleased we've made substantial progress on improving financial management. We need to actively manage finances, and we are, so we can address small issues before they become big ones."

Look for more on this issue in an upcoming edition of the Mariner.

FIRE DEPT.

Burning season is underway

The 2015 Open Air Burning Season started on Thursday, Jan. 15, and will close on Friday, May 1. Residents must obtain a permit to burn during the season, and register their permit number each day they wish to burn when burning is being allowed.

CoHASSET Fire Department will use a web-based system for residents to obtain and register their burning permit for the season. Residents can

obtain their burning permit at the Town of Cohasset website www.coHASSETMA.org. Once they are on the website they can select the Burn Permit Registration and fill out the registration form and submit the \$10 fee for the permit via credit card. Once payment has been received the system will generate a permit number for the resident to use for the entire 2015 Open Air Burning Season. Residents with validate

permit numbers wishing to burn during the season will need to check the Town of Cohasset website www.coHASSETMA.org and select Check to see if burning is allowed and activate one's permit. This selection will inform residences if burning is being allowed for the day and will allow residences to register their permit number for the day. Residents can access the burning permit links on the town website.

Waltham police chief who spent 30 years in the department and the last 11 as chief, told the selectmen last week that he expects the town to receive between 50 and 70 applications for Cohasset's chief role, and anticipates the entire search process to take three to four months.

According to the job posting on MMA.org, minimum requirements for the position include 15 years' police experience, including no less than 10 years of supervisory/command experience, having attained the rank of lieutenant or higher, along with a bachelor's degree in criminal justice, public or business administration, or related field.

The advertisement also states that candidates "must also possess unquestioned integrity, a thorough knowledge of police administration, and proven management and leadership skills."

The starting salary range is \$115,000 to \$130,000, with benefits.

Since its formation in 2001, BadgeQuest, based in Plymouth, has facilitated 45 police chief searches, including several recent searches in the greater Boston area: Ashland, Duxbury, Gloucester, Hanson, Natick, Rockport, and Weston.

Cohasset's last chief, DeLuca, previously spent 10 years as chief in Duxbury, coming to Cohasset in 2009 after his contract in Duxbury was not renewed.

Pomeroy said in a phone call that BadgeQuest led the search for a Duxbury chief to replace DeLuca in 2010, however was not affiliated with the town's hiring of DeLuca.

This is BadgeQuest's first and only search in Cohasset, Pomeroy added.

Look for more on this issue in an upcoming edition of the Mariner.

CHIEF

From Page A1

resumes and cover letters from applicants, and whittle those down to a list of around 15 candidates.

The initial crop of candidates will be sent written questions and will be asked for college transcripts and references. From there, the pool will be culled to four to six finalists, who will participate in an assessment center, "designed to measure leadership, judgment, management and integrity," among other skills, Unsworth explained during last week's selectmen meeting.

The town manager will be part of the entire process, Unsworth added. Following the assessment center, BadgeQuest will submit a report detailing "the numeric standings of the candidates" along with a narrative on each one. Unsworth, retired

from the department and the last 11 as chief, told the selectmen last week that he expects the town to receive between 50 and 70 applications for Cohasset's chief role, and anticipates the entire search process to take three to four months.

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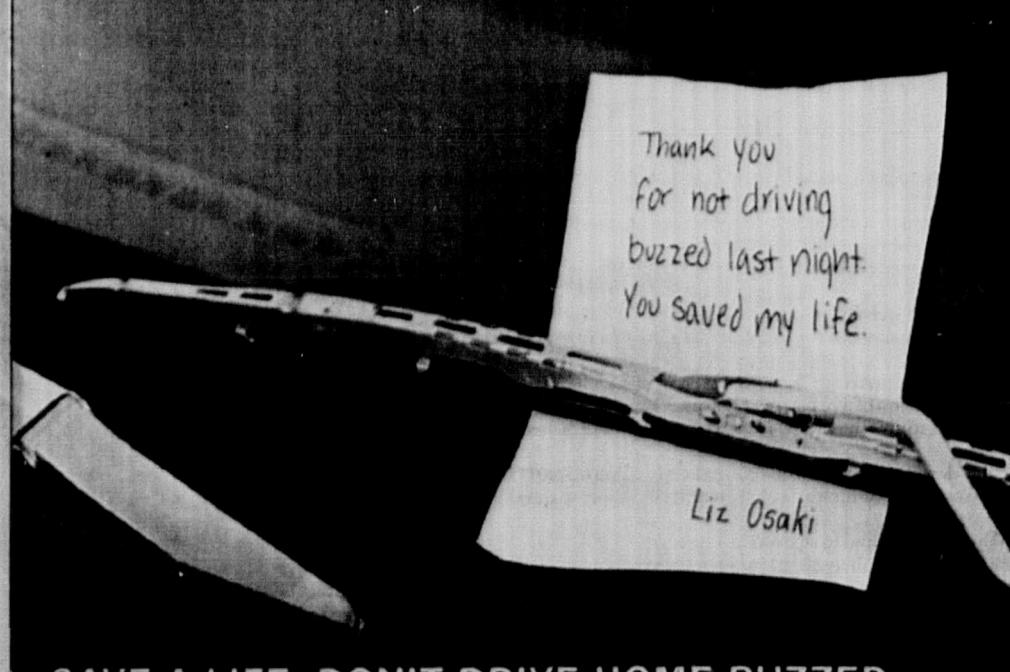
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Set of Four
Comp. \$24.99
9.99Harness
Comp. \$29.95
6.99

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*MFG's suggested retail

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Planters**2.50-6.50**20% OFF
All Bed Pillows,
Pillowcases &
Pillow ProtectorsEmbroidered 75 Gram
Microfiber Sheet Sets

Full	Queen	King
\$15	\$18	\$20
Solids		
Twin	\$10	\$14
Full	\$12	\$16

Down Alternative
Microfiber Comforters
Prints or solids

Twin	Full/Queen	King
\$25	\$30	\$30
Premium Oversized & Overfilled Full/Queen OR King		\$40

Eco Cotton
Premium Towels
Incredibly Soft

Bath Sheet	\$7	Hand Towel	\$2
Bath Towel	\$5	Wash Cloths	\$1

100% Egyptian Cotton
or
700 TC Cotton Rich
Sheet Sets

King or Queen	\$40	YOUR CHOICE
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Luxurious Synthetic
Lambswool Blankets

Twin	Full/Queen	King
\$15	\$20	\$22

Biddeford®
Microplush Heated Blankets

Twin	\$30	Full	\$40	Queen	\$45	King	\$50
Comp. \$50-\$50							

Monaco & Heirloom
Collection Fine Area Rugs

1 million points of yarn per sq. meter	
2'x4'	\$22
2'2"x8'	\$50
3'3"x5'4"	\$50
5'5"x8'3"	\$125
7'9"x11'6"	\$250

Indian Tapestry Rugs

3'x5'	Comp. \$60	\$25	7'x10'	Comp. \$300	\$125
5'x7'	Comp. \$150	\$60	8'x10'	Comp. \$350	\$150

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Mohawk & Shaw Bound Accent Rugs	
2'x6'	\$7
2'x10'	\$10
3'x5'	\$12

Many more sizes available!

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SPORTS

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES

Send your stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Coaches, players, parents, please send your stories, photos or story ideas to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy.

COLLEGE BASKETBALL

Kelly joins Williams College coaching staff

Cohasset native Meredith Kelly will begin her first season as an assistant coach for the Ephs in the 2014-2015 season. Kelly joins the Williams College staff after graduating from Bates College in May 2014. While at Bates, she earned a Bachelor of Arts degree in psychology, and was a four-year member of the Bates women's varsity basketball team, and was a member of Cohasset's State Championship winning team as well.

In her senior season, Kelly was named NESAC Defensive Player of the Year, while also leading the NESAC in scoring. She broke multiple records at Bates, including most points in a season (518), game (42), and half (25), and finished 7th on the Bates all-time leading scoring list at 1,207 points. In addition, to serving as a co-captain, Kelly was on the Student Athlete Advisory Committee and took part in an athletic leadership group on campus.

During the 2014 Final Four Weekend, she attended the WBCA's So You Want To Be A Coach Program in Nashville, Tennessee.

SPORTS ROUNDUP

Girls beat Boston Latin

The girls hockey team won their second straight game, beating Boston Latin 6-2 on Wednesday.

The girls took control early, scoring four goals in the first period.

They added a pair of goals in the third.

That followed a 7-3 victory over Mansfield/OA/Foxboro on Saturday.

Cohasset/Hanover got three goals from Sam Taylor, two from Katie Talacci and solo goals from Kaitlin McGovern and Callie Hoadley in the win.

Swimmers split

The swim team split with Randolph Tuesday, with the girls winning 87-30 and the boys losing a tight 76-66 decision.

SPORTS

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Girls Basketball
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Saturday, Jan. 17

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Home quad
Vs. Duxbury, Scituate, Bristol County, 10 a.m.

MORE INSIDE

- HULL PLUNGE, B6
- OBITUARIES, B6
- HEALTY LIVING, B9-B11

- POLICE/FIRE LOG, B13
- HOROSCOPE, B14
- CALENDAR, B15

WRESTLING

Outstanding tournament

Wrestlers shine at own tournament

By William Wassersug
wwassersug@wickedlocal.com

The Cohasset wrestling team has hosted their Cohasset Tournament for more than 20 years, and the team showed some excellent hospitality on Saturday with an exciting and well-run tournament with nine teams joining the fun.

Lynnfield/North Reading took the overall title, followed by Hanover, and Cohasset scored an impressive fourth-place finish with two championships.

Nobody was totally surprised with the champions.

Hayes Keniley scored a title at 170 and Matt Froio added to his 100-plus win total with a championship at the 182 division.

Keniley was awesome at 170 beating a very good Hanover wrestler in the final, Cohasset coach Torin Sweeney said. "His winning was fantastic."

Sweeney said Froio's win was a good one.

"Froio dominated as usual," he said. "Overall we

finished fourth as a team. That was exciting."

In his final, Keniley beat Hanover's Russell Dillon with a 6-1 decision. He beat his first two opponents by pins.

Froio, meanwhile, won all three of his matches with pins, notching the title with a win over Tri-County's Robbie Saraf.

The Skippers entered 12 wrestlers and wound up with 11 of the 12 getting at least one win, and 10 picking up two.

Dan Varney (106) went 2-2 and finished fourth, as did, Nick Hall (160), Drew



Cohasset's Hayes Keniley won the 170-pound championship at the Cohasset Wrestling Tournament on Saturday. WICKED LOCAL PHOTO / WILLIAM WASSERSUG

Skolnick (126) and Xander Schubert (132).

Conor Naughton (145) won three matches and finished fourth with a 3-2 record.

Dan Durkin (113) also went 2-2 and finished in fifth place. Nick Tetrault (220) also went 2-2 and finished in fifth.

SEE WRESTLING, B2

GYMNASIACS

Solid effort

Cohasset/Norwell gymnastics split Friday night tri meet

By The Cohasset Mariner

The Cohasset/Norwell gymnastics team had a solid night Friday in a three-team meet against Marshfield and Pembroke/Silver Lake

The team split, beating Marshfield 127.45-126.4, while Pembroke/Silver Lake edged Cohasset/Norwell 128.35-127.45.

In the Marshfield meet, Hayley Risk started off the vault for Cohasset/Norwell with a 7.2 followed by Kaitlyn Patterson with a 7.4.

Junior Jackie Greene scored a 7.7 in her first meet this season after getting cleared from a foot injury. Elizabeth Coletta placed third in the event with an 8.4.

8.2, while Claire Brookbank and captain Emma Basso tied for second with an 8.4.

On the bars, junior Livvy Rober scored a 7.25, Coletta scored 7.6, Basso notched a 7.65 and Brookbank placed second on bars with an 8.0.

On the beam, the girls went 1-2-3.

Danielle Picot tied for third with an 8.0, while junior captain Mimi Waters placed second with an 8.3 and Coletta placed first with an 8.4.

On the floor, Rober and Picot scored 7.9's each, while Brookbank had an 8.15 and Coletta placed third with an 8.4.

SEE GYMNASTICS, B3



Cohasset/Norwell's Mimi Waters of Cohasset supports herself on one hand during her performance on the beam at their meet against Hingham on Tuesday, January 13, 2015. WICKED LOCAL STAFF PHOTO / ROBIN CHAN

BOYS BASKETBALL

More home cooking

Skippers' red-hot start proves too much for Bulldogs, but fall at Mashpee on next trip

By John R. Johnson

When you're playing an undefeated squad on the road, minimizing mistakes is crucial. A little bit of luck doesn't hurt either.

Rockland didn't have either aspect going Friday night against Cohasset in a battle for early-season supremacy in the South Shore League.

Cohasset came out on fire, built a 15-2 lead and held on for a 59-54 victory.

The Skippers remained undefeated (8-0, 4-0 SSL) while bolstering their home-court record to 49-4 over the last four-plus seasons. Rockland (4-2, 3-1) suffered its first SSL loss.

"We do that a lot," Cohasset coach Bo Ruggiero said of the early lead. "People come in here, and with the press and the overall environment, it can be a tough place to win."

The Skippers streak did end this week, however, as they lost 42-35 at Mashpee, Tuesday night to drop the Skippers to 8-1, 4-1 SSL.

In the Rockland game, Cohasset placed four starters

in double-figures, led by Harrison Martin's 18 points. Patrick Federle and Jack Hoffman both scored 11, and Alex Norton had 10.

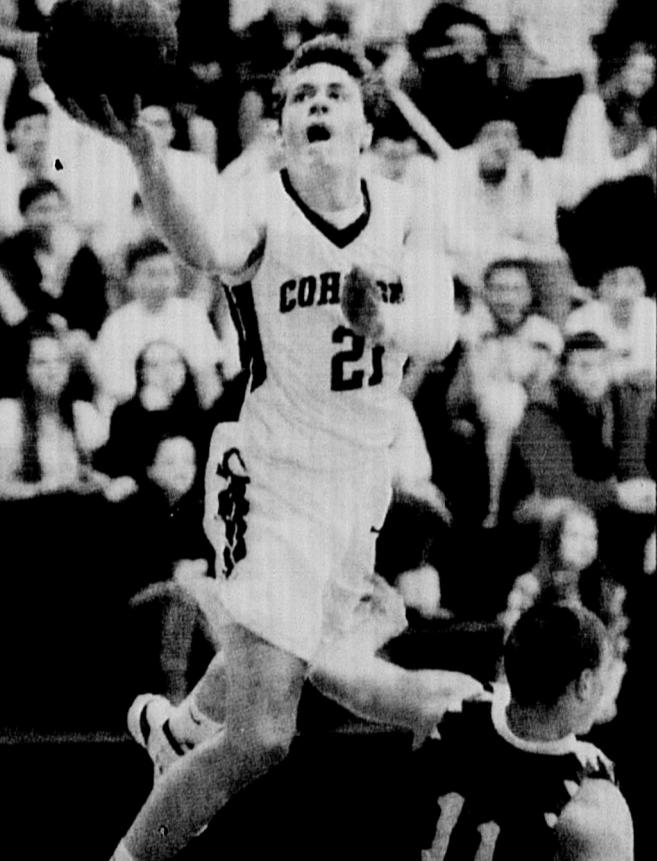
Rockland was led by 17 points from Andrew Frazer and 16 from Ian MacDonald.

The Skippers rode Norton's eight first-quarter points to a 19-7 lead after one. A persistent Rockland squad chiseled away at its deficit in the second quarter, despite starting the stanza with two turnovers.

MacDonald initiated a 9-2 Rockland run by converting a nice spin move and the ensuing free throw, while a three-pointer by Frazer pulled Rockland within five (21-16).

Cohasset scored the next seven to re-establish a double-digit lead, as Martin nailed two free throws, followed by a three, for a 28-16 edge. Federle nailed a three late in the first half to send Cohasset into the locker room with a 34-28 edge.

"When you fall in a hole like that early, in order to get back into the game you need to make your layups, hit free throws, you can't turn it over



Cohasset's Harrison Martin goes up for two over Rockland's Joe Kimball. Cohasset hosted Rockland in high school boys basketball Friday Jan. 9. WICKED LOCAL PHOTO/GARY HIGGINS

and you better rebound," said Rockland coach Fred Damon. "When you're climbing that hill you can't afford to give them second chances."

Cohasset got plenty of those in the second half, however. Rockland pulled

SEE BOYS, B3

They were also able to hang in against two of the top teams in the South Shore League, Abington and Rockland in close losses, battled a strong Wayland squad in a 40-36 loss Monday, and beat Mashpee 68-30 Tuesday.

Kerry Dunn had 12 points and 7 assists, and senior center Meg Fitzgerald added a double-double (10 points, 13 rebounds) for Cohasset in the win, which improved the girls to 5-4.

"We were able to hold both Abington and Rockland, which are probably the top teams in the league, below their scoring average," LeVangie said. "We played very well in the Rockland game and it was possibly one of the best games that we have played. The game was tied with four minutes left in the game at Rockland and that is a very tough place to play. We just had some foul trouble at the end of the game." Cohasset lost the game, 45-32.

There are some things that LeVangie liked in the game.

"Meg Fitzgerald and Alexa Bleieken combined for 22 rebounds in the Rockland game," said LeVangie. "They have been rebounding the ball very well. The Rosano twins have been scoring from the wings and Kerry Dunn has done a good job at the point. We have had good play off the bench."

LeVangie said he's

SEE GIRLS, B2

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WRESTLING

Adding up the wins

Skippers' Froio closing in on school record

By Jay N. Miller

The education of a young wrestler is not easy, particularly when one starts out at the higher weight classes. Cohasset High senior star Matt Froio would attest to that, as he began his Skippers career as a 160-pound freshman with a lot to learn.

"He was a big kid, so he wrestled 160 as a freshman, and he took his lumps," said Cohasset coach Torin Sweeney. "He was competitive, but also heavy, but he held his own. Matt's gotten better and better every year. One major reason is that he's done a ton of off-season work."

"My freshman season was tough," Froio said with a smile recently. "I had good size, but at 160 I was going up against juniors and seniors all the time. It wasn't easy, but that experience helped me a lot. I learned to wrestle my own style. It's fairly typical that freshmen and sophomores get beat on in this sport, like I did, but you keep improving and eventually it turns around."

Froio's improvement hit one high point last February, when he became the Division 3 state champion at 170 pounds. This winter, after an all-star season at linebacker for the Skippers' state championship football team, he's wrestling at 182 pounds, and he's off to a fast start, having won his division at both the Scituate and

Marshfield tournaments. He added a third tournament crown Saturday when he took the title at the Cohasset Wrestling Tournament at Cohasset High School.

At the Scituate tourney, still working down from his football weight, Froio actually competed and won at 195. But at Marshfield's annual holiday soiree, he was at his target weight of 182, and emerged from the 34-team tourney with the champion's belt. In the final, Froio scored a 5-3 decision over Nate Skawinski of Cumberland, R.I. But all of that was just prelude to another milestone Froio hit recently, becoming the latest Cohasset grappler to reach 100 wins. After beating his Carver opponent on Wednesday, he stands at 103 career victories, with most of the season ahead of him. He upped that total to 106 Saturday.

"Matt has probably hit 100 wins earlier in the season than anyone we've ever had," Sweeney said. "The school record is 121 wins, shared by Jack Murphy (Class of 2010) and Ryan Freeman (1995). Matt will probably have enough matches, so he's certainly got a good chance of reaching that record."

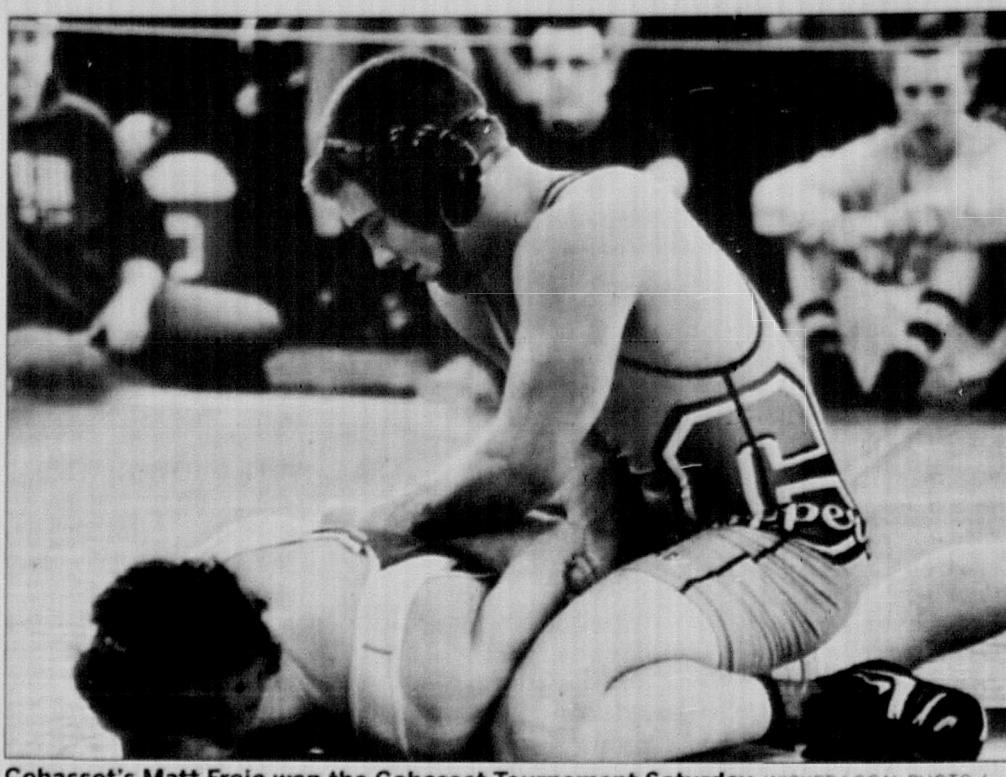
"Obviously, the job isn't done yet; there's a lot of season left to go," said Froio. "I haven't broken anything yet, and I'm just taking things match by

match. But Cohasset High and Coach Sweeney have been turning out great wrestlers for a while now, and it is really nice to be in that category – 100 wins – with some of the guys who've had such success here. "Coach likes to talk to us about those guys from the past, and how much they achieved, and how highly he thinks of them to this day. I know that drives a lot of kids, to live up to that tradition."

Neither Froio nor his coach could point to any one factor that led to his becoming such a dominating force the past two years, just simply that as he grew and matured, and all that experience came together, Froio blossomed into the stereotypical Skipper grappler, which is to say, tenacious, athletic, and in the kind of top condition that allows him to wear down opponents.

"I try to get a pin in every match," Froio said of his strategy. "Other than that, I try to just wrestle smart, wrestle physically and set the tone. I think mat awareness is big part of it, knowing the situation at all times, and what you need to do to win the match."

"I think a key to Matt's success is his overall athleticism," said Sweeney. "Obviously, as a football linebacker he is a real good all-around athlete. That certainly helps him in the scramble-type situations that arise in wrestling. And he also



Cohasset's Matt Froio won the Cohasset Tournament Saturday. WICKED LOCAL PHOTO / WILLIAM WASSERSUG

has superb balance, which is crucial for a wrestler."

This year Cohasset has just four seniors on the squad, and with injuries depleting its early season lineup, the team is off to a 2-2 start. Froio's leadership has been critical in keeping everyone focused and dedicated.

"We have a lot of youth, certainly, and they need guidance," Froio said with a grin. "But a lot of our younger kids are very wise for their years. We have sophomores who've seen a lot of action, so it is deceiving that we're young, because many of them have been around.

"I think the main thing I try to impart to younger kids is helping them get more confidence in themselves so that they'll know what to do in a match," said Froio. "As a freshman it's easy to get

intimidated – I know I did. But as you along and learn more and know what to do in various situations, you build that confidence that you can handle anything."

As a reigning state champ, does Froio feel extra pressure, as if there's a big bull's-eye on his singlet with every kid he meets? "There's a little bit of that, I guess," he admitted. "I don't think of it as pressure, but more as like an expectation I have to live up to. It's based on what I've done, but I still want to improve."

Froio is likely to soon be sifting offers for college athletics, from both football and wrestling teams, but right now he's too busy to give it much thought. He'd like to continue his athletic career in college, and he loves both

sports, so pressed to choose, he simply says "either ... or both." Froio can even draw parallels between his two favorite sports.

"I like wrestling, for the chance it gives you to represent yourself, in one-on-one competition where you don't have to rely on anyone else," said Froio. "There's a big-time difference between that and a team sport like football. "But, as much as wrestling is an individual sport, you would be surprised how much camaraderie and team spirit we do have. You're rolling around on the mats with these guys every day, helping each other get better, so there really is a team feeling that develops. We root for each other and we want the team to win most of all, so wrestling is also a team sport to me."

YOUTH HOCKEY

Pyne helps win Assabet Invite Title

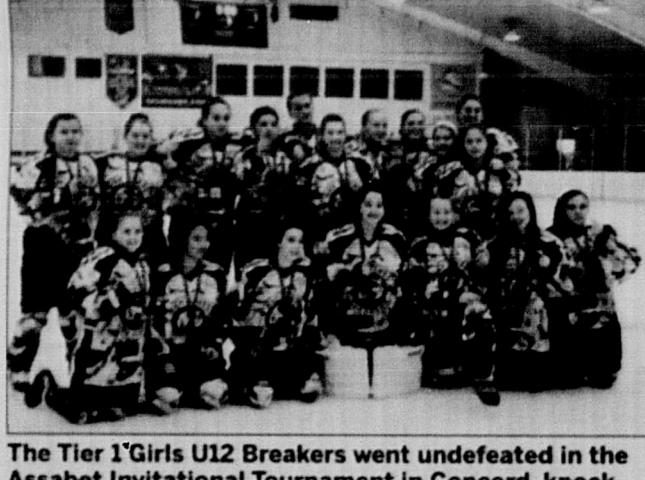
The Cohasset Mariner

Recently, the Tier 1 Girls U12 Breakers traveled to Concord to play against top teams in the Country. Playing six games in three days the Breakers went undefeated knocking off third ranked nationally Assabet Valley Majors 3-2 in the finals.

In Round Robin play the Breakers defeated the Buffalo Regals 6-1 and the NE Jr. Falcons 3-0 as well as tie Assabet 1-1.

Two more wins vs Assabet Minor and the New England Falcons landed the Breakers in the finals where they beat Assabet 3-2 earning the Championship.

Playing for the Breakers were Ashley Clark of Weymouth, Casey Messina and Casey Ward of Norwell, Katie Pyne of Cohasset, Skylar Irving and Megan Webb of Kingston, Julia Shaunessy and Lauren Tolte of Duxbury, Maddy Murphy and Erin



The Tier 1 Girls U12 Breakers went undefeated in the Assabet Invitational Tournament in Concord, knocking off third ranked nationally Assabet Valley Majors 3-2 in the finals. COURTESY PHOTO

Murray of Hanover, Kayley and Jenna MacDonald of Walpole, Sami Quackenbush of Marshfield, Delaney Grace of Halifax, Ally DeCoste and Lizzie Emerson of Braintree, Ellie Chiang of Quincy, and Tori Smith of Bridgewater.

"For the first time all season we had the entire roster

available for the finals. It was great to have all the girls there," said Head Coach Ross Murray, who coaches with assistants Jay Irving, John Grace, Sean Murphy and Frank Messina. The Breakers are 25-5 on the season and undefeated in tournament play.

WRESTLING

From Page B1

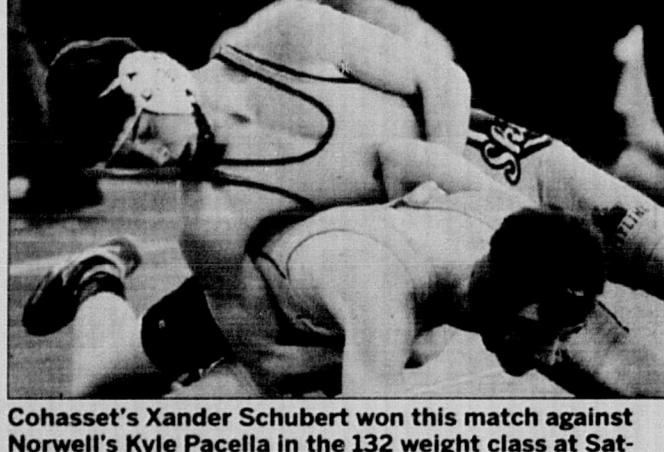
Grant Guempel won two matches at 138, while finishing sixth.

Mike Nolan had a win at 120.

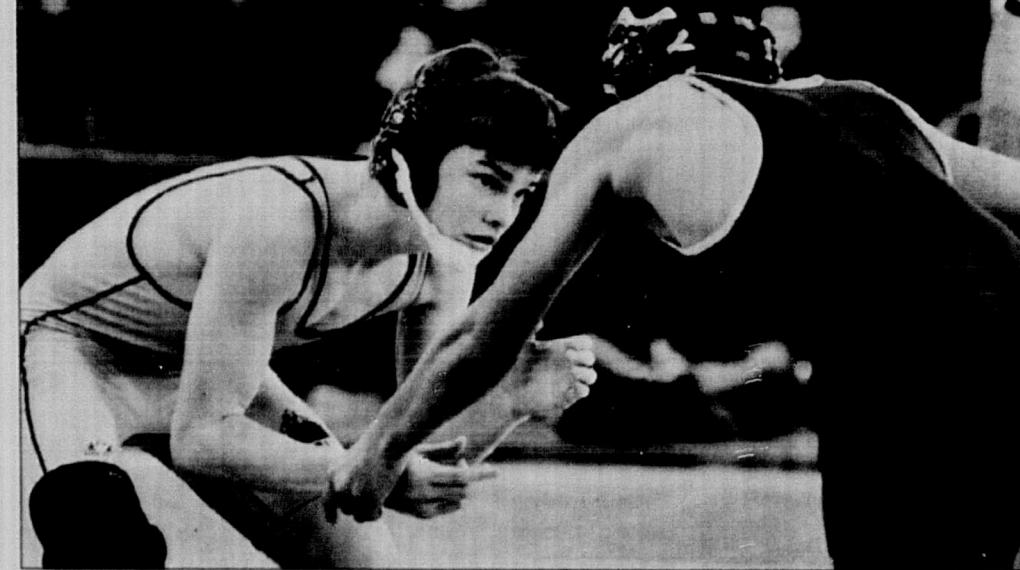
Nick Rosen also wrestled at 195 for the Skippers.

"We had a great tournament the kids wrestled very well," Sweeney said.

The Skippers were back in action with a meet against Rockland Wednesday night (results unavailable at press time).



Cohasset's Xander Schubert won this match against Norwell's Kyle Pacella in the 132 weight class at Saturday's Cohasset Wrestling Tournament. WICKED LOCAL PHOTOS / WILLIAM WASSERSUG



Cohasset's Conor Naughton went 3-2 in 145 division action on the way to a fourth-place finish at Saturday's Cohasset Wrestling Tournament.

GIRLS

From Page B1

trying to work more players into the mix.

"We have a seven player rotation and we are trying to build it to nine," he said. "Everyone is understanding their roles on the team."

Emily Rosano came through with 15 points in Cohasset's 41-28 win over Weston. Rosano and her sister Meg both scored 16 points each in the Skippers, 48-34 South Shore League win over Monomoy. Fitzgerald had eight rebounds and Bliecken had six in the game. Bleicken also had six steals for Cohasset.

The Skippers are hoping to keep getting better as they face SSL rivals East Bridgewater, Randolph and Hull. LeVangie feels that his team can possibly make things happen for themselves in the second half of the season.

"We have 11 of our first 13 games on the road to start the season," said LeVangie. "The schedule for the second half of the season favors us being at home."

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GYMNASTICS

From Page B1

In the All Around, Coletta came in second with a 32.6 and Brookbank scored 31.55.

Against Pembroke/Silver Lake, Basso and Brookbank tied for first on the vault with an 8.4, while Coletta was third with an 8.2.

On the bars, Brookbank was second with an 8.0.

Coletta took first on the beam with an 8.4, while waters tied for second with an 8.3. Picot finished third with an 8.0.

On the floor, Rober and Picot both scored 7.9, with Brookbank scoring 8.15. Coletta was fourth with an 8.4.

In the All Around, Coletta was first with a 32.6, and Brookbank was third with a 31.55.

Most recently, the team battled Hingham and came away with a 126.4-122.45 victory to improve to 3-1 this season.



Cohasset/Norwell's Danielle Picot of Cohasset leaps out while performing on the beam during their meet against Hingham on Tuesday, January 13, 2015. WICKED LOCAL STAFF PHOTOS / ROBIN CHAN



Cohasset/Norwell's Claire Brookbank of Cohasset performs on the beam while her coach makes sure she's okay during their meet against Hingham on Tuesday, January 13, 2015.



Cohasset/Norwell's Mimi Waters leaps out on the beam during her routine in their meet against Hingham on Tuesday, January 13, 2015.

BOYS HOCKEY**Icemen blank Vikings**

McHugh gets first shutout

By William Wassersug
wwassersug@wickedlocal.com

The Cohasset boys hockey team continued to play well with a 3-0 win over East Bridgewater on Saturday night.

The Skippers used a three-goal second period to put the East Bridgewater Vikings in a hole that they couldn't get out of.

Sophomore Cole Joslin notched a goal and an assist in the South Shore League victory while Junior Kyle O'Brien and sophomore Thomas Durkin each contributed solo tallies. Senior Curtis

Golden added two assists as Cohasset upped its record on the season to 4-1-2.

Junior goaltender Liam McHugh earned his first shutout of the season.

O'Brien's goal was first, followed by Durkin's. Joslin closed the scoring with his second goal of the game.

"I felt like tonight was a complete team effort with solid play in all phases of the game, our defensive zone, transition, and the offensive zone," Cohasset coach Phil Mahoney said. "We were able to stay out of the penalty box for the most part and that enabled us to stick with our line combinations and get our third unit involved."

Mahoney likes what he's seen from the third line.

"That third group of senior

Tucker Ambrose, juniors Jackson Dutton and Jack Coffman, sophomore Brad Winn, and freshman Kyle Ferreira is improving every day and as they continue to develop, we will become a better, deeper team. When we trusted each other and moved the puck well, we produced some high quality scoring opportunities. Now the focus will be to finish those chances."

The hockey team was in action against Cardinal Spellman Wednesday night (results unavailable at press time).

Check in with @scifisports-guy and @cohassetsports on Twitter for the most up-to-date scores.

BOYS

From Page B1

by nine (46-37) after Hoffman's second put-back of the quarter.

While Rockland didn't have much luck, Cohasset took advantage of some good fortune to work its lead to 10 (49-39) early in the fourth quarter when senior guard Teddy Craven hit an off-balance three-pointer as the shot clock expired to swing the momentum.

"We played great defense on that three-point shot, but that was the difference right there," said Damon. "We worked our tails off and worked through a lot of stuff, but all the credit to them."

Junior Jakigh Marcellin scored all five of his points in the final two minutes, helping Rockland to close with four points, but the Bulldogs didn't have enough in the tank to complete the comeback.

Cohasset will attempt to pick up win No. 9 when they host East Bridgewater tonight at 6:30 p.m.



Cohasset's Teddy Craven moves the ball up court beyond Rockland defender Stephen Norris. Cohasset hosted Rockland in high school boys basketball Friday Jan. 9. WICKED LOCAL PHOTO / GARY HIGGINS

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baystateparent

Santa joins fellow seniors, families

More than 70 seniors and youngsters attended a concert at the Wilcutt Center on Sohier Street on Sunday afternoon just before Christmas to listen to great music provided by the 30 member Rusty Skippers led by Steve Biagini. Santa paid a surprise visit, and led the musicians during one of their songs.

COURTESY PHOTOS / WAYNE SAWCHUK



Santa leading the Rusty Skippers Band.



Looking through the window of the new Wilcutt Building on Sohier Street, future home of the Council on Aging.



Santa congratulating band leader Steve Biagini, music teacher for 25 years in Cohasset schools.



Robbie Durkin, Santa, Marita Carpenter (president of Social Service League), and Robbie's son, Finn Durkin.



The Rusty Skippers in concert; that is the Rev. Gary Ritts, center.



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Vote locally. Write in your choice of the **BEST** in your area for the categories below. In order to be eligible, each vote must include the town where your choice is located. For businesses with more than one location, please indicate the address of your #1 choice. You must vote in at least 10 categories for your votes to be counted.

Ballots must be received by Wednesday, February 11, 2015 at 5 p.m. The ballots will be entered and tabulated by an independent data processing firm. Results will be published in a special section inserted into your newspaper the week of June 22nd.



Wicked Local Favorites [@wickedfavorites](https://www.facebook.com/wickedfavorites)



WICKED LOCAL

Local Shopping	Business/Place Name	Town
1	Men's Clothing Store	
2	Women's Clothing Store	
3	Children's Clothing	
4	Optical Shop	
5	Shoe Store	
6	Bookstore	
7	Photography	
8	Frame Store	
9	Gift Shop	
10	Jewelry Store	
11	Florist	
12	Sporting Goods Store	
13	Toy Store	
14	Pharmacy	
15	Liquor Store	
16	Furniture Store	
17	Carpet/Flooring Store	
18	Appliance Store	
19	Home Decorating Store	
20	Hardware/Home Improvement Store	
21	Garden Store/Nursery	
22	Antique/Vintage Store	
23	Consignment Shop	

Local Services

24	Hair Salon	
25	Day Spa or Massage	
26	Manicure/Pedicure	
27	Tanning Salon	
28	Health Club/Yoga Studio	
29	Weight Loss Center	
30	Doctor/Primary Care Physician or Pediatrician	
31	Dentist or Dental Office	
32	Chiropractor	
33	Daycare/Preschool	
34	Dry Cleaner/Tailor	
35	Auto Service/Repair	
36	Community Bank	
37	Insurance Agency	
38	Dance/Gymnastics School	
39	Retirement Living Residence	
40	Pet Services	

Local Flavor	Business/Place Name	Town
41	Bagel Shop	
42	Restaurant For Breakfast	
43	Restaurant For Lunch	
44	Restaurant For Dinner	
45	Fine Dining Restaurant	
46	Italian Restaurant	
47	Pizza Place	
48	Thai Restaurant	
49	Mexican Restaurant	
50	Indian Restaurant	
51	Seafood Restaurant	
52	Chinese Restaurant	
53	Sushi Restaurant	
54	Restaurant For Takeout	
55	Restaurant For Steak	
56	Bakery	
57	Coffee Shop	
58	Ice Cream Shop	
59	Deli	
60	Butcher Shop	
61	Fish Market	
62	Bar	
63	Caterer	

Regional Favorites

64	Hospital	
65	Limo/Car Service	
66	Hotel/Motel/Inn/B&B	
67	Beach	
68	Golf Course	
69	Museum	
70	Place To See Theatre	
71	Place For Family Entertainment	
72	Summer Camp	
73	Mall	
74	Department Store	
75	Discount Store	
76	Supermarket	
77	Car Dealership	
78	Computer or Electronics Store	

NAME

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CITY

STATE

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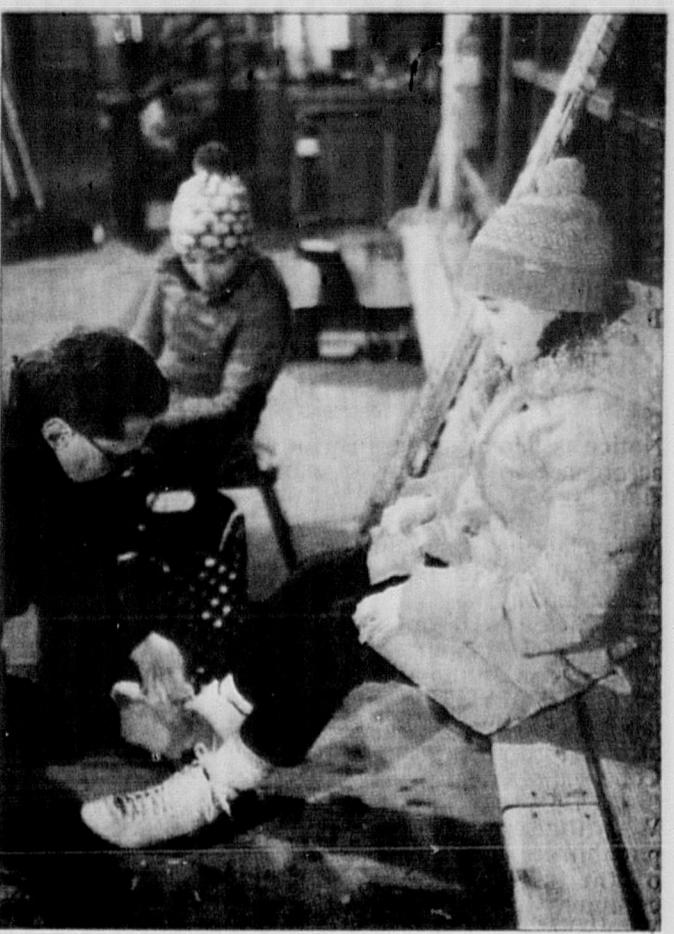
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Mail To: Readers Choice Awards 2015 c/o Automated Solutions Direct Inc., 200 Jefferson Rd Ste 203, Wilmington, MA 01887



Children and parents play a game of pick up hockey on the East Street pond under the lights on Friday.



Ed Finn Jr. of Cohasset ties the laces for his daughter, Piper, 12, while her friend Callie Stavis, 12, looks on before heading out on the ice at the East Street Pond.

Ice time!

Arctic air means outdoor skating

STAFF PHOTOS BY ROBIN CHAN



William Santacroce, 5, of Cohasset is ready for some hockey while enjoying the ice with his cousins.



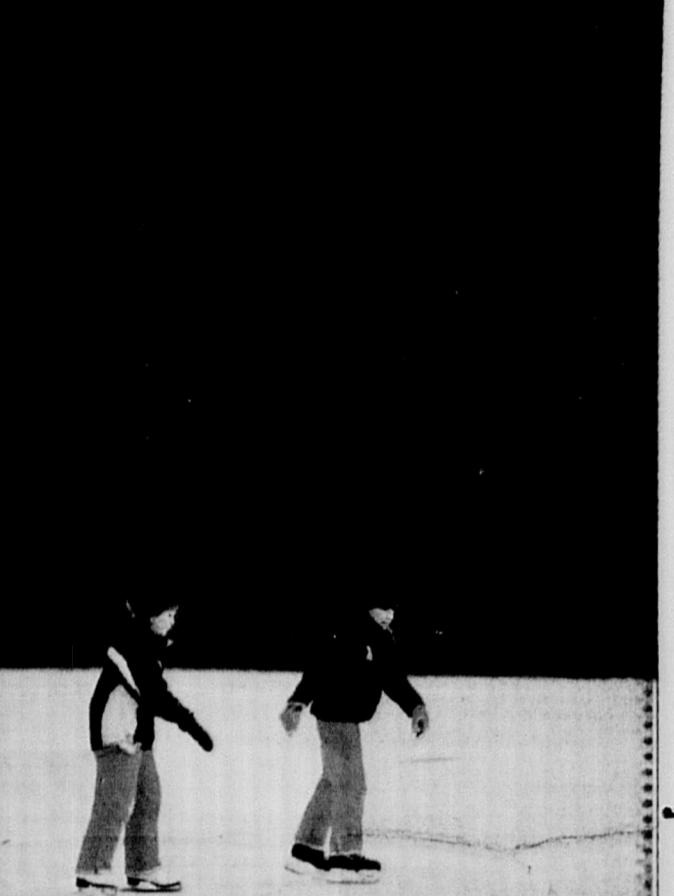
Mikey Saniuk, 8, of Hingham plays hockey with John Paul Buckley, 11, of Cohasset while enjoying the cold weather.



Callie Stavis, 12, of Cohasset tries to sneak under the arch created by Caitlin Durkin, 12, of Cohasset and Charlotte Hunnewell, 12, of Cohasset while enjoying the ice.



Ed Finn Jr. stands with Callie Stavis, 12, Kate Cunning, 12, Piper Finn, 12, Caitlin Durkin, 12, Charlotte Hunnewell, 12, and Lindsay Ferreira, 12, of Cohasset before playing a game of pickup hockey on Friday, Jan. 9 on the pond off East Street in Hingham.



Lauren Wolpers, 9, of Cohasset and Caroline Santacroce, 10, of Cohasset enjoy skating at East Street pond.



Mary-Lynda Daley of Cohasset holds onto her grandchildren, Grace Daley, 3, of Hingham and Reese Santacroce, 4, of Cohasset while enjoying the East Street pond.

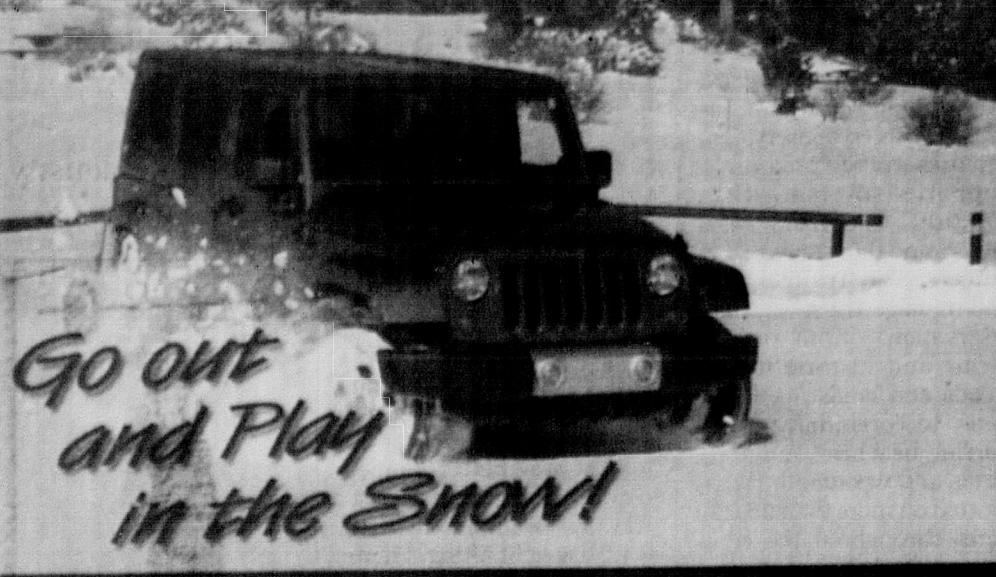


John Paul Buckley, 11, of Cohasset warms up by the fire and with a cup of hot chocolate after skating at the East Street pond which is just over the Cohasset town line in Hingham.

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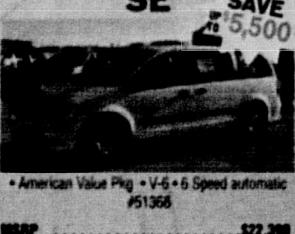
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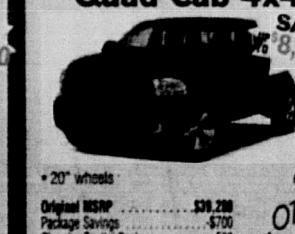
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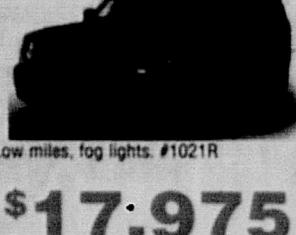
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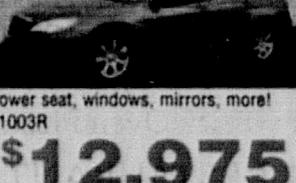
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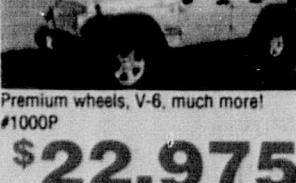
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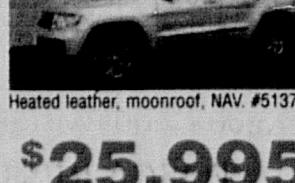
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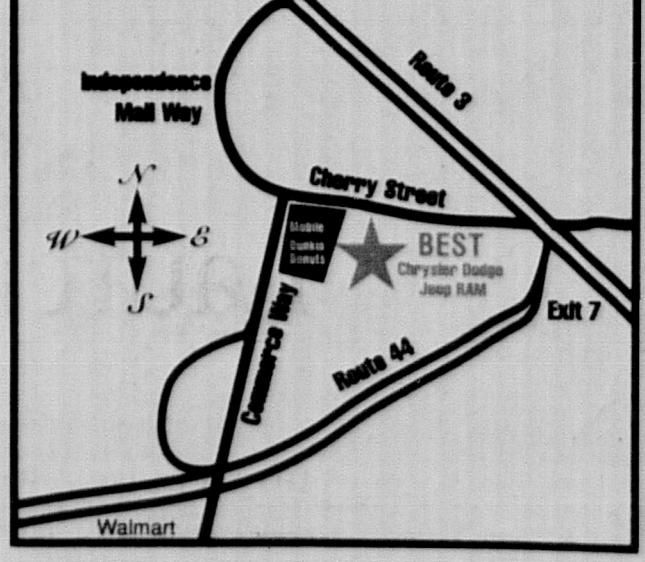
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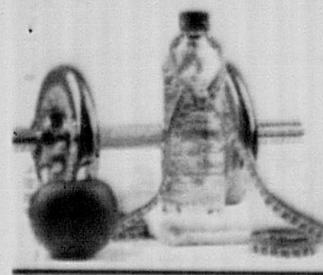
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HEALTHY LIVING

A BETTER YOU THROUGH BETTER LIVING 2015

LIFESTYLE

Continued from previous page

the oldest houses in New Bedford, seem like a country estate in the heart of the city. The site of the former famed Allen C. Haskell and Son nursery, the Haskell Public Gardens is a great place to stroll, cross-country ski, snowshoe or pull a child on a sled while you embrace winter. Yet, don't wait for the first snow to fall to visit New Bedford's newest park - the grounds are inviting and beautiful to visit every day of the year.

Cornell Farm, Dartmouth

Cornell Farm offers unique opportunities for families to snowshoe, ski, hike or frolic this winter while exploring the old farmstead, meadow and forests that are located on this 130-acre farm found on the edge of a salt marsh at the head of the Little River.

CENTRAL & WESTERN MASS

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Bartholomew's Cobble, Sheffield

Bart's Cobble is always abuzz in winter, becoming a snowy playground with plenty of fun and fascinating events for all ages. After tour-



Weir River Farm, Hingham T. KATES/PHOTO COURTESY OF THE TRUSTEES OF RESERVATIONS

ing the cobbles and following wildlife tracks, warm up with hot drinks and friendly staff in the Visitor's Center at this National Natural Landmark in the beautiful southern Berkshires.

Doane's Falls, Royalston

Descend a short, streamside trail and you'll be treated to an up-close experience with a raucous series of plunging falls, which winter cold turns into an elemental ice sculpture! A half-mile trail runs along the stream, offering

great vantage points. If you really want to get moving, the property is just one stop on the 22-mile Tully Trail offering myriad opportunities for winter hiking and recreation.

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Whitney Thayer Woods, Cohasset and Hingham K. JOHNSON/PHOTO COURTESY OF THE TRUSTEES OF RESERVATIONS

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EXERCISE

Weight lifting for women

Burn more calories, increase bone density and get more benefits, too

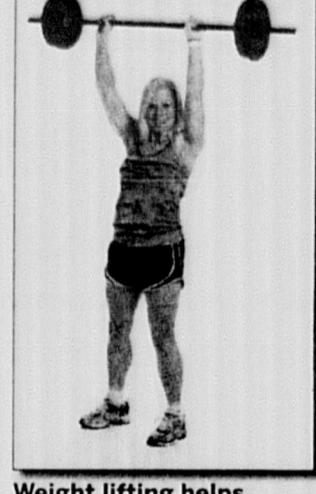
By Kellie K. Speed
Correspondent

It's the beginning of a new year, which means sticking to those healthier resolutions to get into better shape. One of the best and easiest ways for women to do that is with weight lifting. There are numerous health benefits associated with this type of training, including increasing energy levels, reversing metabolic decline, reducing the risk for heart disease, combating back pain, relieving stress and increasing energy levels.

"One of the biggest benefits to weight lifting is that you burn more calories," Doug Bennett, owner of The Body Studio in Cohasset, said. "There are also long-term benefits associated with weight lifting like increasing bone density, reducing the risk for heart disease and relieving stress.

To get started with weights, you should start off with body resistance training like pushups, jumping jacks or lunges. Once you start off with resistance, you can move on to lighter weights and then heavier weights. By adding more lean muscle, you will look thinner. I have found that most women shape nicely with weight lifting."

There are also numerous long-term health benefits associated with strength training, including strength training, including long-term fat loss, de-



Weight lifting helps women burn more calories, increase bone density, reduce the risk for heart disease and relieve stress. PHOTO COURTESY OF PLYMOUTH FITNESS

creased risk of injury, increased muscle tone and increased strength.

"When you strength train you increase your muscle mass which leads to an increase in metabolism allowing you to burn more calories daily," Jenna Nelson, owner of The Training Fix in Easton, said. "Besides building muscle mass, strength training also leads to an increase in bone density and joint integrity. This, combined with the increased body awareness you need to strength train, decreases the risk of injury. Strength training will get you more toned than cardio, bottom line. Strength training builds your confidence. When you

CONTINUED ON NEXT PAGE



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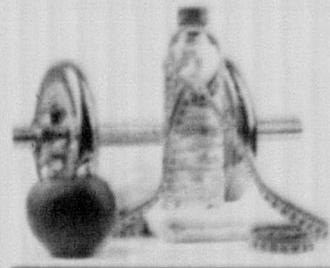
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LIFESTYLE

Get out and embrace winter

The Trustees of Reservations properties offer great places for outdoor recreation

The Trustees of Reservations (The Trustees) offer hundreds of acres of open spaces, woodland trails and hills around the state where you can get out and embrace the winter. Studies show that exposure to nature and outdoor exercise, or "nature therapy" – even as little as five minutes a day – has significant health and wellness benefits including improved mental health, reduced stress, and a more positive outlook and spirit.

"In our increasingly digitized and busy lives, nature deficit disorder has never been more prevalent," Barbara Erickson, Trustees' president and CEO, says. "It's our mission at The Trustees to inspire more Massachusetts residents of all ages to disconnect from technology and get out, be active and experience our many wonderful outdoor places across the state."

Whether you're looking for great spots to hike, sled, snowshoe, cross-country ski or just launch a spontaneous snowball fight, you can easily find a Trustees' property near you where you can enjoy and embrace winter.

GREATER BOSTON

Rocky Woods, Medfield

Logging roads initially laid

out two centuries ago continue to fulfill their transportation roles – but for easy walking, cross-country skiing and snowshoeing in the winter on this 491-acre property. The route around Chickering Pond and the Bridle Trail loop are both ideal for families with young children, and are stroller-friendly without snow.

Noanet Woodlands, Dover

Follow a network of 17 miles of trails across this nearly 700-acre Noanet Woodlands preserve that features woodlands and ponds, a former mill site, and Noanet Peak, which offers stellar views of the Boston skyline. Perfect for winter hiking, walking, snowshoeing and cross-country skiing, this property is also a favorite for runners, and families with young children who love to climb rocks and explore nature's best. Feeling energetic? Just across the street from the Noanet parking lot located on Powisset Street, you'll find our bucolic 109-acre Powisset Farm offering open pastures, meadows and trails ideal for a leisurely cross-country ski.

Cedariver, Millis

One of The Trustees' more off-the-beaten-path reservations also boasts a terrific sledding hill, just a few steps beyond the parking lot, and wide-open acres for outdoor recreation and enjoyment. Its pastoral riverside location adds to the ambiance. Take a thermos of hot chocolate and some snacks and pick a scenic spot for a rest-

ful break.

Francis William Bird Park, Walpole

An 89-acre, historic landscape park, Bird Park offers three miles of flat pathways, which meander past grassy meadows and tranquil duck ponds, and over stone arch bridges spanning quiet streams. Ideal for walking as well as snowshoeing and cross-country skiing, the park also includes a recreational area and children's playground.

Moose Hill Farm, Sharon

At 466 feet, Moose Hill is the second-highest elevation between Boston and Providence, offering 3.5 miles of trails that run through rolling meadows and woodlands, ending with views of the Boston skyline and the Neponset River Valley from the upper hayfield. While enjoying winter activities at this peaceful property, explore cellar holes, foundation edges and stone walls scattered

World's End, Hingham PHOTO/J. BELLER COURTESY OF THE TRUSTEES OF RESERVATIONS

throughout. For an added family adventure, the Moose Hill Farm features a Quest, or outdoor scavenger hunt, which is available for download on www.thetrustees.org and tells the story of the property's history as former sheep and dairy farm.

World's End, Hingham

This South Shore favorite with panoramic views of Boston's harbor and skyline boasts four hills, but your best bet for sledding is Planter's, the large drumlin rising just before you cross "The Bar" to the far side of the reservation. Frederick Law Olmsted-designed carriage paths throughout the prop-

erty offer opportunities for all ages to enjoy moderate hiking, snowshoeing and cross-country skiing at this spectacular Hingham haven.

Whitney Thayer Woods, Cohasset and Hingham

The 10 miles of carriage roads throughout this property are suited for all kinds of winter fun and recreation. Amble through resurgent hardwood forests to open fields and spectacular vistas of the South Shore and Boston skyline. Walk, sled or cross-country ski down the hill to **Weir River Farm** where families can get up-close to horses, sheep and chickens year-round.

Governor Oliver Ames Estate, Easton

Set in the quiet town of Easton 30 miles outside of Boston, the historic 36-acre Governor Oliver Ames Estate – one of The Trustees' newest properties – features rolling hills, meadows, ponds, and a host of lovely and mature trees, as well as remnants of a storied and prominent past – all within walking distance of the North Easton National Historic District. The gentle hills are ideal for sledding

with young children. A gravel driveway, which dissects the property and leads all the way down to the bridge at the river, offers easy opportunities for strolling, snowshoeing and cross-country skiing.

SOUTH COAST

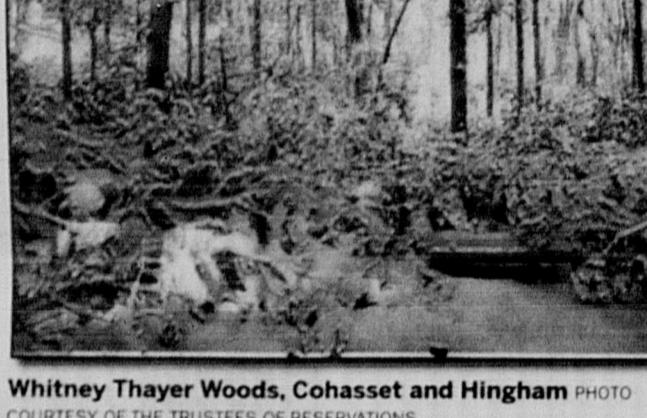
Lyman Reserve, Bourne

For a winter hike, snowshoe or cross-country ski outing off the beaten path, choose from two trails offering spectacular views of Buttermilk Bay and the Cape Cod railroad bridge. Situated at the mouth of 4.5-mile-long Red Brook on Buttermilk Bay, the property features a 1.5-mile loop to Red Brook that meanders through a pine forest to a sandy beach. The shorter .25-mile trail is perfect for families with young children looking to get out and explore winter's wonders.

Allen C. Haskell Public Gardens, New Bedford

A network of cobblestone paths lined with rare and exotic trees make this six-acre property, which boasts one of

CONTINUED ON NEXT PAGE



Whitney Thayer Woods, Cohasset and Hingham PHOTO COURTESY OF THE TRUSTEES OF RESERVATIONS



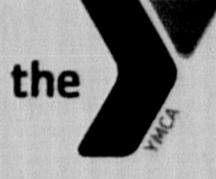
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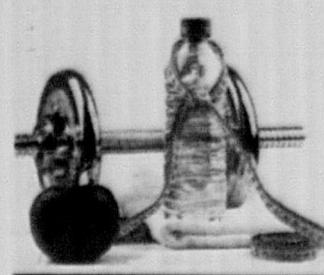
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HEALTHY LIVING

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NUTRITION

Going gluten free?

What you should know

By Florence Gonsalves
Correspondent

Gluten-free is all the buzz, from celebrity diets to the influx of gluten-free foods at the supermarket. But what exactly is gluten, and can removing it from your diet help you achieve optimal health?

Marjorie McNamara, M.S., R.D., L.D.N., C.D.E., one of the outpatient dietitians at South Shore Hospital's Nutrition Education Center, explained that gluten is a protein found in certain grains, such as wheat, barley and rye. A small portion of the population, who test positive for what is known as celiac disease, cannot tolerate gluten. For these people, gluten interferes with digestion, decreasing the absorption of nutrients and leading to a slew of health issues including iron and B-12 deficiencies.

However, gluten can lead to health issues even for people who do not have celiac. Less severe forms of gluten allergy can cause numerous symptoms including rashes, fatigue and upset stomach. Additionally, people may experience gluten sensitivity, a condition manifesting fewer and less severe symptoms than the full-blown allergy, but still uncomfortable enough, including bloating, brain fog and a general sense of "not feeling great."

Gluten intolerances are popping up more frequently than ever, McNamara said.

"We're seeing more and more...and it has to do with the wheat cultivation and genetic changes in the actu-



If you're worried about missing some of your favorite staples like cereal, sandwiches and the occasional cookie, you don't have to be. There are numerous gluten-free alternatives in grocery stores and even restaurants. PHOTO COURTESY OF HOW ON EARTH

al modern-day wheat plant," she said.

According to the National Foundation for Celiac Awareness, 1 percent of the population has celiac disease; yet, of this 1 percent, about eight in 10 do not know they have it, or have been misdiagnosed.

If you suspect that you might have an allergy or intolerance, McNamara suggests eliminating gluten entirely to see if you feel better in a week or so. By eliminating one food group at a time, you can trace the source of your discomfort.

Additionally, the dietitians at South Shore Hospital's outpatient Nutrition Education Center can help you determine if a gluten-free diet is suited for you.

For those interested in weight loss, gluten-free diets can be a way to lower one's overall carbohydrate intake, substantially reducing calories – as long as you aren't making up for your losses with lots of gluten-free baked goods. This is key because, at the end of the day, "It's really about energy balance: calories in versus calories expended," McNamara said.

If you're worried about missing some of your favorite staples like cereal, sandwiches and the occasional cookie, you don't have to be. There are

numerous gluten-free alternatives in grocery stores and even restaurants.

"You can't be deprived. We have everything," Mary Ann Buckley, the owner of How on Earth in Mattapoisett, said.

Her gluten-free menu, including homemade muffins, pastas, quiches and an array of sandwiches on gluten-free bread, confirms this. Her secret weapon, though, which keeps customers coming back again and again, is an artisan ginger-molasses cookie.

Healthy Vibes, in downtown Plymouth, is another business dedicated to wellness, offering gluten-free nutrition shakes that, according to owner Noreene Bechade, contain "every vitamin, mineral, macronutrient and micronutrient needed for good nutrition."

Not only are these shakes great for when you're in a rush, but the nutrients are actually absorbed faster in liquid form, giving your digestive system a bit of a break.

All in all, it's a very individual decision.

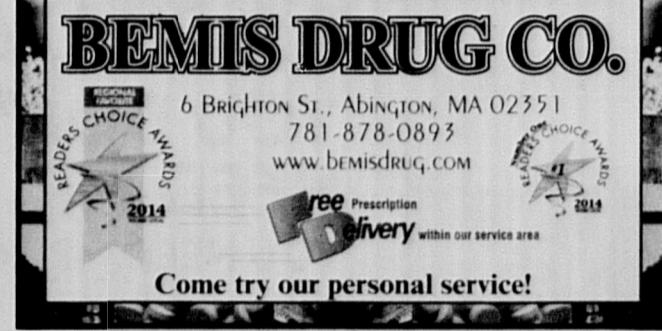
"A lot of people make the personal choice because their bodies feel better and that's the biggest thing: your personal relationship with food, and how it agrees with your own body," Buckley said.

ment, especially when it comes to reducing back pain as it uses the core muscles of the abdomen and back. Lifting weights is not only good for the body but also the mind, and has been found to boost moods and combat depression. When you are feeling good about your healthier self, you will exude that happiness around you.

"One of the biggest myths with weight lifting for women is that you will get big and bulky," Nate Graham, fitness director at Plymouth Fitness, said. "Women don't have enough

testosterone to emphasize those bulky muscles. With weight lifting, they will get longer and leaner. The only way to get big and bulky is with a lot of eating, a lot of supplements and a lot of heavy lifting. The benefits are that it will increase stamina, endurance, muscle tone and definition, and decrease the risk of heart disease and obesity."

As with all exercises, it is important to use proper form when lifting weights to avoid exacerbating existing issues or developing new injuries.



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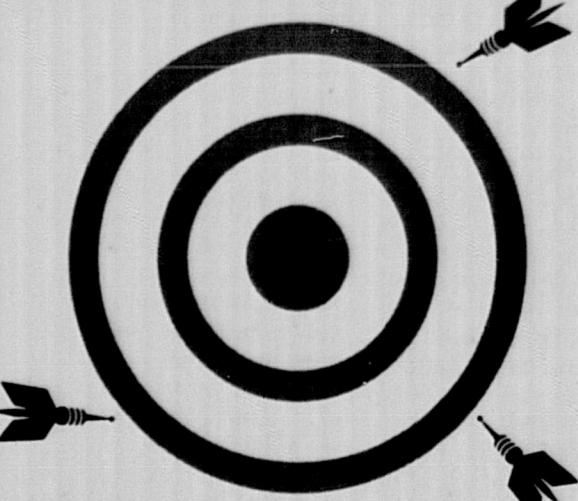
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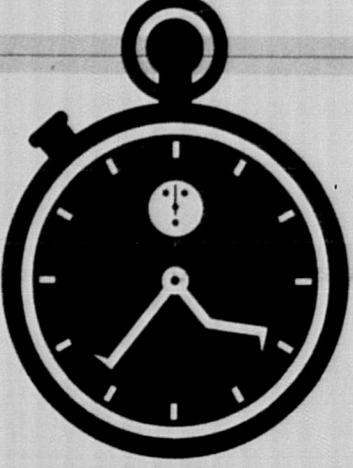
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MONSTER

COHASSET POLICE/FIRE LOG

Monday, Jan. 5

12:40 a.m. N. Main St., medical aid.
6:59 a.m. Bancroft and Norfolk roads, directed patrol.
7:13 a.m. Chief Justice Cushing Hwy., traffic hazard. Caller reports red light at 3A and Pond Street is not working. Mass Highway notified.

7:25 a.m. Chief Justice Cushing Hwy., Hingham Lumber, motor vehicle crash. Caller reports witnessing a vehicle hit a deer, reports driver appears to be injured. Police Department reports no injuries. Deer made it back into the woods.

7:48 a.m. Chief Justice Cushing Hwy., animal call. Caller reports that in the parking lot of the new dry cleaners, right before O'Donahue Insurance, there is an older black dog and she is afraid it is going to walk into the road; nothing found.

10:19 a.m. Forest Ave., directed patrol.

10:29 a.m. Chief Justice Cushing Hwy., Stop & Shop, traffic hazard. Massachusetts Department of Transportation requests an officer to stop traffic so he can change the light bulb, will take approximately 5 to 10 minutes.

10:36 a.m. Forest Ave., motor vehicle stop; citation issued.

11:41 a.m. Chief Justice Cushing Hwy., Tedeschi's Plaza, motor vehicle crash. Caller reports minor accident, just a paper exchange in the parking lot. Vehicles are a black Acura and white Honda.

12:36 p.m. Chief Justice Cushing Hwy., Stop & Shop, erratic motor vehicle operation going north on 3A, intoxicated male, white Impala. Caller is at Feng Shui. Officer reports area search negative.

1:37 p.m. Ridge Top Road, motor vehicle stop; verbal warning.

2:02 p.m. S. Main St., motor vehicle stop; citation issued.

2:11 p.m. S. Main St., motor vehicle stop; citation issued.

2:56 p.m. Beechwood St. and Chief Justice Cushing Hwy., traffic enforcement.

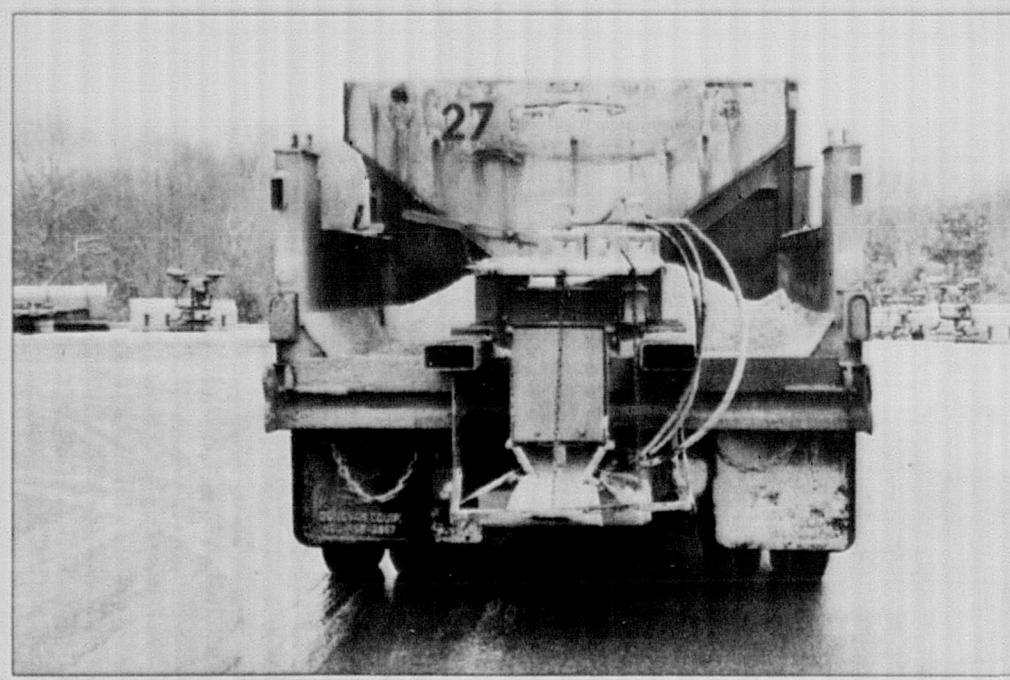
2:57 p.m. Linden Drive, medical aid.

3:07 p.m. Chief Justice Cushing Hwy., motor vehicle stop; verbal warning.

3:34 p.m. Elm St., Fire Department, wires down in front of headquarters. Verizon notified and responding.

4:09 p.m. Chief Justice Cushing Hwy., Papa Gino's, motor vehicle crash. Caller reports that in the parking lot car backed into car, party complaining of shortness of breath. Party refused medical. Minor damage.

5:25 p.m. Summer St., suspicious vehicle. Called to headquarters approximately 6 minutes ago. Girl home



TRAFFIC SAFETY TIP OF THE WEEK: Use extra caution when approaching snowplows or sanding trucks. Stay well behind them. They may make frequent stops and wide turns. Avoid passing them, even on four lanes roads. They can track up snow and spray onto your windshield, making it difficult to see and the sand can damage your paint. Also, the road ahead may not have been treated yet so it's safer behind them.

COURTESY PHOTO

alone reports a black BMW pulled into the driveway, man in a black hoodie got out of the car, knocked on the front and back doors. Mother pulled into driveway and BMW left on S. Main Street.

5:27 p.m. King and Pond streets, motor vehicle stop; verbal warning.

6:57 p.m. Sohier St., hunting violation. Caller reports hunters in front of the Osgood School. States she can see them, she sees flashlights, etc. Units checked the area, nothing showing.

11:01 p.m. Sohier St., MBTA Rail Crossing, traffic hazard. Walk-in to headquarters reporting lights are on but no train. Eastbound gate is down, the other is up. MBCR states no trains through for the rest of the night.

Tuesday, Jan. 6

2:53 a.m. Chief Justice Cushing Hwy., Harborview Center for Nursing, medical aid.

7:09 a.m. Cushing Road, traffic enforcement.

7:14 a.m. Sohier St., South Shore Music Circus, traffic enforcement.

8:10 a.m. Summer St., Norwell, K9. K1 responding to Norwell for a breaking and entering suspect.

10:24 a.m. Beechwood St. and Chief Justice Cushing Hwy., motor vehicle stop; verbal warning.

1:14 p.m. N. Main St., medical aid. Child took a cap off of bottle, stuck on finger.

2:17 p.m. Forest Ave., well being check.

Wednesday, Jan. 7

6:48 a.m. Elm St., Group Housing, medical aid.

7:16 a.m. Forest Ave. and Main St., disabled motor vehicle. Headquarters reports a disabled bus, will

be checking it out. Assisting kids from bus to another bus. Waiting for a mechanic.

8:10 a.m. Chief Justice Cushing Hwy., Police Department investigation. Assisting Sheriff's Department.

11:13 a.m. Heather Drive, suspicious activity. Caller reports at 8:15 a.m. a person came onto her property and turned on the outside water supply. Water Department was called and this was not a Water Department issue.

1:31 p.m. Pleasant St., MBTA Rail Crossing, traffic hazard. Walk-in to headquarters reports gates malfunctioning. Officer checked again and it appears to be in working order.

1:44 p.m. Forest Ave., directed patrol.

2:13 p.m. Forest Ave., motor vehicle stop; citation issued.

2:27 p.m. Border St., Police Department investigation.

3:32 p.m. Sohier St., Our World, animal call. Skunk acting aggressively in playground with children. ACO and officer observed the skunk and he appears to be healthy.

4:10 p.m. Chief Justice Cushing Hwy., Curtis Liquors, erratic motor vehicle operation. Erratic champagne-color Nissan Altima heading north on 3A, coming up to Pond Street light, young male driving, swerving and crossing yellow line, at lights at Stop & Shop, passed the Mobil, passing Avalon, turning left at Cohasset Family Health. Operator had a 4:15 p.m. appointment and was having difficulty finding the right brick building. Caller advised of outcome and thanked.

5:01 p.m. Chief Justice Cushing Hwy., MBTA Cohasset Station, police information. Party reporting

to headquarters the MBTA lights malfunctioning at the 3A crossing. Lights working and no traffic back up at this time.

6:48 p.m. Sky View Way, parking complaint. Between the second and third buildings in the 2400 block of Sky View a vehicle is parked in the handicap spot. Caller believes the vehicle does not have placard. Spoke with the owner and she has been educated and moved her motor vehicle.

7:55 a.m. Jerusalem Road, traffic hazard. Caller reports a car speeding up to school bus, almost hit two kids, happened an hour ago.

Caller is concerned that it happens too often with traffic speeding up the street.

10:24 a.m. Jerusalem Road, medical aid.

10:59 a.m. Jerusalem Road, medical aid.

11:33 a.m. Beechwood St., medical aid.

1:03 p.m. Depot Court, parking complaint. Caller reports a red Nissan Altima parked here and no one can get in. Owner located and car moved.

1:25 p.m. Kent St., Scituate, mutual aid ambulance.

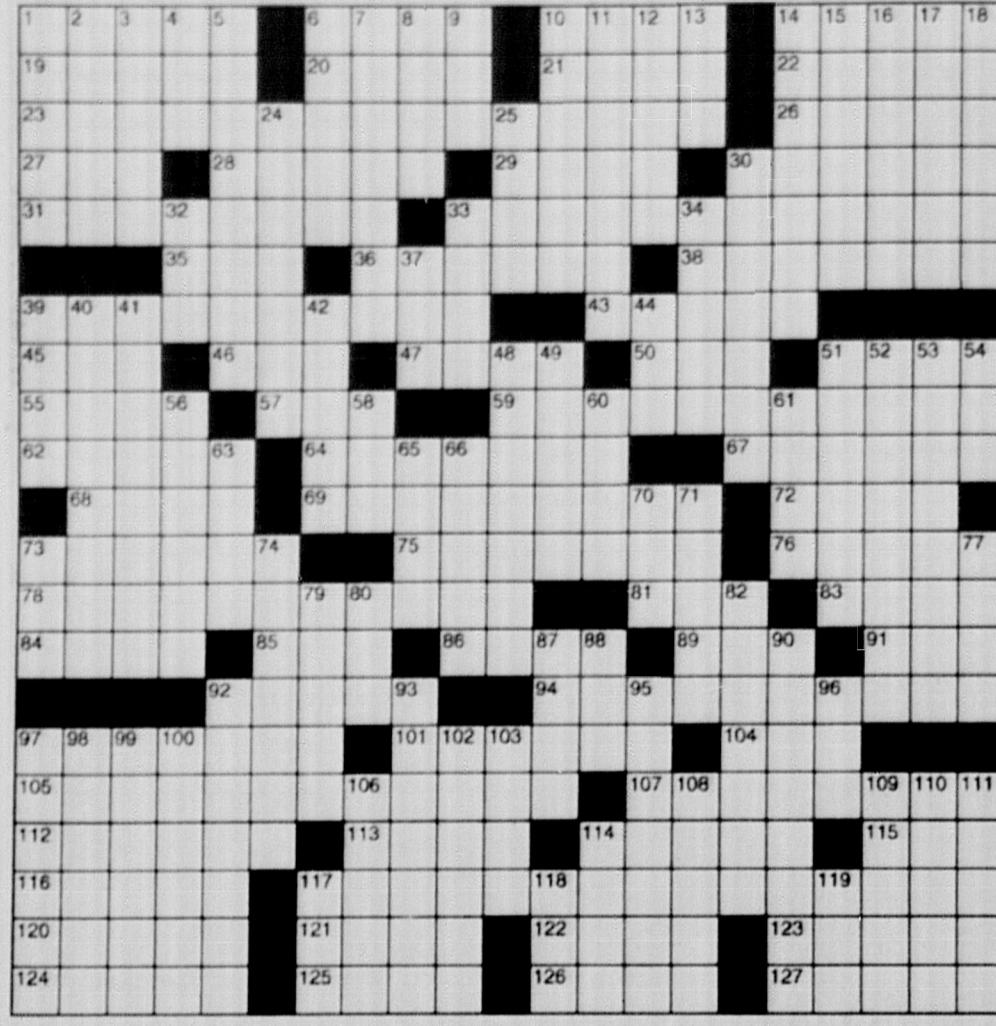
1:34 p.m. Chief Justice Cushing Hwy., motor vehicle stop; citation issued.

1:54 p.m. Ann Vinal Road, Scituate, mutual aid ambulance; car vs. stonewall.

Owner will not take vehicle back. Civil issues and parties

PUZZLES

Crossword - Initial Works



ACROSS

1 Japanese verse
6 Milky white gem
10 Memo opening
14 "Eight Is Enough" actor Willie
19 Game show announcer Johnny
20 Novelist Victor
21 Have a bawl
22 Freshly firm
23 Comedy that should have starred W.C. Fields?
26 Big town, in Italian
27 Sorority "T"
28 With 103- Down, parked it, so to speak
29 Televises
30 Ejection
33 Novel that should have been written by T.S. Eliot?
35 Hosp. parts
36 Some pizzas
38 Romantic comedy that should have starred B.D. Wong?
43 Épée, say
45 Ethyl ender
46 "Sprechen — Deutsch?"
47 "Very funny!"
50 Yes, in Ypres
51 Tres juices
55 Harpoon, e.g.
57 Off — wall
59 Drama that should have starred E.G. Marshall?
101 St. Francis' birthplace
104 Comp —
105 Memoir that should have been written by A.A. Milne?
107 Bible book after Ezra
112 Soprano Nilsson
113 Michael of "Superbad"
114 Ex-veep Stevenson
115 Raptors' org.
116 Some Afrikanders
117 Piece that should have been composed by J.S. Bach?
120 Atlas closeup
121 Tehran's land
122 Meadows
123 In good pitch
125 Motown's Marvin
126 Dunaway of "Chinatown"
127 Exacting
128 Scrub clean
129 Mrs. Truman
40 Thus far
41 Morgan Freeman film
42 Post-op program
44 Affliction
48 Chamomile drink, maybe
49 Temple table
51 Bite quickly
52 Way of thinking
53 A South African capital
54 Pt. of TBS
56 Makes hazy
58 Em lead-in
60 Poet Angelou
61 Too
63 Big tippler
65 "Muy —" (Spanish for "very good")
66 Teeny-tiny
70 With 76- Across, choose not to take part in
71 Customary
73 Driving peril
74 Chews on
77 Tarkenton of football
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89 Depot abbr.
91 José's "day"
92 Nerd's kin
94 Song that should have been sung by B.J. Thomas?
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CALENDAR

'Through My Eyes' photography show presented by 4th floor artists

WHEN: on exhibit Jan. 17 to Feb. 28. Opening reception is Saturday, Jan. 17 from 6 to 9 p.m.
WHERE: Gallery 4 at the E.T. Wright building, 379 Liberty St., Rockland.
INFO: Cash awards for first and second place are sponsored by Goss Photo of Norwell. Judging is by nationally recognized outdoor photographer Paul Girello. Also in Gallery 4, will also be a members' show, "Glass". 4thfloorartists.org.



SATURDAY, JAN. 17

Boston RV & Camping Expo Boston Convention & Exhibition Center, 415 Summer St., Boston. Admission \$15; children under 12 free. 10 a.m. to 9 p.m. 800-251-1563. www.Boston-RVExpo.com

Ballet Week, South Shore Conservatory Dance Department will host Ballet Week from Jan. 12 to 17 at SSC's Ellison Center for the Arts, 64 Saint George St., Duxbury. An open house will be held from 2 to 3:30 p.m. today, featuring a demo class and performance by SSC Dance Department students. For details, see www.sscmusic.org or call 781-934-2731.

Goldenrod Foundation will present a Traditional Fiber Arts workshop led by Melissa Kurkoski from 10 a.m. to 2 p.m. at Plymouth Long Beach. For more information, go to www.goldenrod.org/blog/calendar-of-events and click on the date of the workshop of interest. email: dss@goldenrod.org or call 508-746-0769.

Through My Eyes a photography show presented by the 4th floor artists, will run through Feb. 28. The opening reception is today from 9 to 9 p.m. in Gallery 4 at the E.T. Wright building, 379 Liberty St., Rockland.

Irish Seisun at Lucioso's Pub at 6 Spring Lane in Plymouth, 5:30 p.m. Free.

Dinner theater returns this year with new comedy, murder mystery and music at the John Carver Inn & Spa, 25 Summer St. in Plymouth. Dinner and a show is \$59.95 per person and includes premium seating and buffet dinner. Show-only tickets may be available for \$25 each. For reservations, visit www.johncarverinn.com or call 855-318-9749. Doors open at 7 p.m. for dinner theater events. Tonight: "So I Got Fired From That Job" comedy featuring Tom Briscoe.

Speed-the-Plow by David Mamet will be presented by Theatre One Productions at 7:30 p.m. at the Alley Theatre, 133 Centre St., Middleborough. Due to its strong language, the play is recommended for mature audiences only. Tickets are \$20, and \$18 for seniors (65 and older) and students (with ID). No reservations necessary; tickets at the door, cash only. Donations of nonperishable food items are accepted at all TOP performances, for the Middleboro COA Senior Pantry. For further information, visit TOP's Facebook page at www.facebook.com/theatreone, email theatre-oneproductions@yahoo.com, or call 774-213-5193.

Paul Rishell and Annie Raines will be at the Old Ship Coffeehouse in Hingham starting with an open mike from 8 to 8:30 p.m. The coffeehouse is at the Old Ship Parish House, 107 Main St., in Hingham Square. Handicap-accessible. Admission is \$15 at the door (no reservations) and desserts and beverages are \$1. Volunteers (free admission) are always welcome. 781-749-1767 or go to: www.oldshipchurch.org/coffeehouse-off-the-square.htm.

The Gathering at River Club Music Hall, 78 Border St., Scituate. 8 p.m. Tickets \$15; reserve by 339-236-6786 or visiting wwwtheriverclubmusicall.com.

Irish Sessun at Mr. Dooley's, 9 Depot Court, Cohasset. 1 to 4 p.m. 781-383-3366.

B-Side Charlie at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

In Session at Next Page Cafe, 550 Broad St., Weymouth. 781-340-1300.

Doc Ellis at The Banner Pub, 167 Union St., Rockland. 781-878-8717, www.thebannerpub.com.

Tattoo Cowboy at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999. southshoresportsbar.com

Splash Duo at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, www.great-chow.com.

Live Radio at Damiens Pub, 279 Spring St., Hanson, 9 p.m. damienspub.com 781-447-6556.

Delta Kings at McGuiggans Pub, 546 Washington St., Whitman, 9:30 p.m. 781-447-7333, www.mcguigganspub.com.

The Steve Tobias Band, featuring Paul Chambers on vocals, at the C-Note, 159 Nantasket Avenue, Hull. 781-925-4300, www.cnotehull.com 9 p.m.

Bonfire at Surf Lounge, 45 Hull St., Hull, 8 p.m. 781-925-6606, www.paragongrill.com.

Jay Psaros at Crow's Landing, 6 Crow Point Lane, Hingham, 9:30 to 11:30 p.m. 781-749-2400.

Annual Ugly Sweater Party with Wheelhouse Rodeo at Stars on Hingham Harbor, 20 Otis St., Route 3A, Hingham. 781-749-3200, www.starshingham.com.

Dave Foley at Mr. Dooley's, 9 Depot Court, Co-

Paul Rishell and Annie Raines return to Old Ship Coffeehouse

WHEN: Saturday, Jan. 17. Open mike 8 to 8:30 p.m.
WHERE: Old Ship Parish House, 107 Main St., Hingham.
INFO: Admission is \$15 at the door (no reservations) and desserts and beverages are \$1. Proceeds benefit the Unitarian-Universalist Service Committee. Volunteers (free admission) are always welcome. For information call 781-749-1767 or go to: www.oldshipchurch.org/coffeehouse-off-the-square.html.



hasset. 9 p.m. 781-383-3366.

Lost and Lonely at Wildflower Cafe & Tavern, 8 Chestnut St., Duxbury. 781-934-7814, www.wildflowercafe.us/

Vinyl Dynasty at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

Jeff Galindo Quintet will perform a jazz concert at 8 p.m. at The Spire, 25 1/2 Court St., Plymouth. Tickets are \$20. For tickets or info, see www.spirecenter.org or call 508-746-4488.

DJ and dancing w/DJ Doubletake at 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Flydown at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

SUNDAY, JAN. 18

Boston RV & Camping Expo Boston Convention & Exhibition Center, 415 Summer St., Boston. Admission \$15; children under 12 free. 10 a.m. to 7 p.m. 800-251-1563. www.Boston-RVExpo.com

Lights Out, a four part vocal tribute to Frankie Valli and the Four Seasons, will open The Norwood Theatre's 2015 season at 2 p.m. Tickets are \$27 - \$30 for adults, \$25 - \$27 for seniors, and \$38 for premium seats and can be purchased at www.norwoodstage.com, 781-551-9000 or at The Norwood Theatre box office. The box office is open Monday through Friday 10 a.m. to noon and 3 to 5 p.m. The Norwood Theatre is at 109 Central St., Norwood.

Irish Session at 11 a.m. at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

Jose Manuel Lezcano to give free solo guitar performance presented by The Hingham Public Library and the Boston Classical Guitar Society as part of their Sunday Sounds Special Series at 3 p.m. Open seating begins at 2:30 p.m. 66 Leavitt St., Hingham. 781-741-1405

Splash of Blues Jam from 4 to 8 p.m. at Players Sports Bar & Grille, 86 VFW Drive, Rockland. 781-681-9999. southshoresportsbar.com.

Billy Downes at 4 p.m. at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361.

MONDAY, JAN. 19

Boston RV & Camping Expo Boston Convention & Exhibition Center, 415 Summer St., Boston. Admission \$15; children under 12 free. 10 a.m. to 6 p.m. 800-251-1563. www.Boston-RVExpo.com

Winter Discovery Day, at South Shore Natural Science Center, 48 Jacobs Lane, Norwell, from 10 a.m. to 3 p.m. Drop in. Free with admission. 781-659-2559. www.southshorenaturalsciencecenter.org

New Beginnings Singles Support Group, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. NB is a singles support organization dedicated to healing, growing and learning; not a dating service. Information: visit <http://nbnorwell.org/>, email at info@nbnorwell.org or call 781-499-2659.

Irish Session every Monday at 5:30 p.m. at The Snug, 116 North St., Hingham, 781-749-9774. www.thesnugpub.com.

Trivia w/DJ Highpoint at 6 p.m. and paint night at 7 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Texas Hold'em with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth, 508-830-0022. Free.

Open mike night 8:30 p.m. Mondays at Main Street Sports Bar & Grill, 39 Main St., Plymouth, 774-283-4129, www.mainsportsbarandgrill.com.

TUESDAY, JAN. 20

Balloon Viking every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is \$10. Information: 781-784-2678 or 781-335-3171.

South Shore Men of Harmony rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to 10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

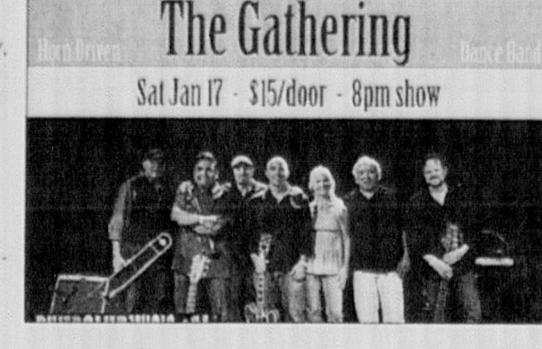
Open mike with Jackson Wetherbee at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361. 9 p.m.

Jazz at Martini's, Tuesdays from 7 to 10 p.m. at Martini's, 50 Court St., Plymouth, featuring the Kenny Wenzel jazz group. Kenny Wenzel

HOW TO SUBMIT

Planning an event? Send your event information by email to scalendar@wickedlocal.com or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

The Gathering at the River Club Music Hall



band include some of the area's most renowned jazz musicians and audience musicians are welcome to sit in. Tickets are \$5 for musicians or audience. For more information, to order tickets online, or to learn more about The Spire, visit www.spirecenter.org, call 508-746-4488.

Meat Raffle to benefit Whitman's Mother's Club at Damien's Pub, 279 Spring St., Hanson, 7:30 p.m. damienspub.com 781-447-6556.

Open mike at C-Note, 159 Nantasket Avenue, Hull. 781-925-4300, www.cnotehull.com, 781-927-4250.

Gil Correia with The Willie J Laws Band, followed by open mike with Willie J Laws Jr. Jamers invited and welcome. Free pizza at Next Page Cafe, 550 Broad St., Weymouth. 781-340-1300.

Josh Lopes at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361. 8 p.m.

The Keepers at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

Mark Purcell at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

Karaoke w/Liz Solomon at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

Open mike w/Mike V and Boston at 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

FRIDAY, JAN. 23

Desserts & Destinations: Cuba, presented by Mass Audubon, North River Wildlife Sanctuary, 2000 Main St., Marshfield from 7 to 8:30 p.m. Preregistration required. \$14/\$10 member per session. 781-837-9400, www.massaudubon.org.

Oklahoma! presented by The Academy of The Company Theatre (ACT) Teen Conservatory, 30 Accord Park Drive, Norwell at 7:30 p.m. Tickets are \$15 for students, \$17 for adults. For a complete performance schedule, to order tickets, or for more information, call the box office at 781-871-2877, email boxoffice@companytheatre.com, or visit www.companytheatre.com.

Steven North at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, www.great-chow.com.

O Boogie the Fireman at The Banner Pub, 167 Union St., Rockland. 781-878-8717, www.thebannerpub.com.

Gainsville Road at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, southshoresportsbar.com.

Tomato Strings at Damiens Pub, 279 Spring St., Hanson, 9 p.m. damienspub.com 781-447-6556.

Jimmy Peters at McGuiggans Pub, 546 Washington St., Whitman, 9:30 p.m. 781-447-7333, www.mcguigganspub.com.

Faded Halo at Hajjar's, 969 Washington St., Weymouth, 781-340-1870, www.hajjars.net

Mike Garvey Band at Next Page Cafe, 550 Broad St., Weymouth. 781-340-1300.

B 11 at Surf Lounge, 45 Hull St., Hull. 8 p.m. 781-925-6606, www.paragongrill.com.

Ryan McHugh at Mr. Dooley's, 9 Depot Court, Cohasset. 9 p.m. 781-383-3366.

Jen Kirby at Crow's Landing, 6 Crow Point Lane, Hingham, 9:30 to 11:30 p.m. 781-749-2400.

Justin Beech at Stars on Hingham Harbor, 2 Otis St., Route 3A, Hingham. 781-749-3200, www.starshingham.com.

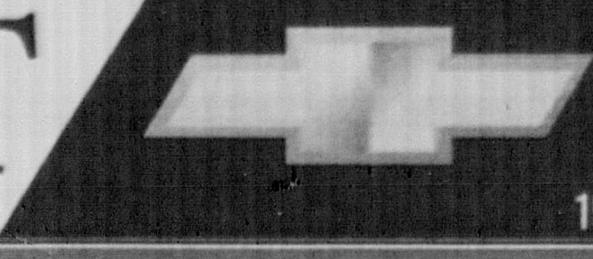
Harbour Bouys at The Tinker's Son, 707 Main St., Norwell, thetinkerson.com, 781-561-7361. 9 p.m.

3rd Left at 9 p.m. at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

DJ Paul at British Beer



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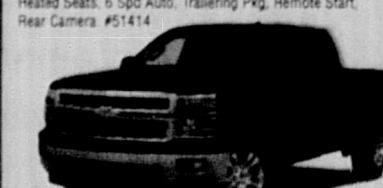


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BRAND NEW 2015 CHEVY Cruze LS 6 Speed Automatic, #51876  MSRP: \$19,317 Best Discount: \$568 Customer Cash: \$500 USAA Discount: \$750 Competitive Lease: \$500 Auto Show Bonus: \$500 BUY FOR \$16,749 OR LEASE FOR \$161.01*	BRAND NEW 2015 CHEVY Malibu 1LS 6 Speed Automatic, Remote start, 4G LTE WiFi Hotspot, #51350  MSRP: \$23,615 Best Discount: \$1115 Customer Cash: \$2000 Loyalty or Conquest: \$500 USAA Discount: \$750 BUY FOR \$19,250 OR LEASE FOR \$186.41*	BRAND NEW 2015 CHEVY Equinox LS 4G LTE WiFi Hotspot, #51584  MSRP: \$25,530 Best Discount: \$1200 Customer Cash: \$250 Auto Show Bonus: \$500 Competitive Lease: \$1500 BUY FOR \$22,080	2014 CHEVY Impala 2LT 2nd Row skylight, heated seats, #41948 New Car Manager Demo - Under 4000 miles  MSRP: \$35,715 Best Discount: \$2816 Customer Cash: \$750 Loyalty or Conquest Rebate: \$500 USAA Rebate: \$750 BUY FOR \$31,899
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